

# Children subjected to family violence: a retrospective study of life situation and trauma-focused treatment

The aim of this thesis was to investigate how treatment for children subjected to family violence can be improved by exploring their experiences. The thesis is based on three studies, all drawing on interviews with children about the treatment they received at the Child and Adolescent Mental Health Service, as well as their life situation at the time. The results emphasise the importance of not viewing children as isolated individuals detached from their broader life context. Many children continued to live in chaotic environments, sometimes enduring violence at home during treatment. The findings highlight the need for trauma-focused treatments such as TF-CBT to be complemented by parental interventions and safety measures.



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PH.D. THESIS

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