Estimating the causal effect of a policy is a fundamental challenge to policy evaluation. It is vital to separate the causal effect of a policy from changes driven by other covariates in order for policy makers to understand the costs and benefits related to a certain policy. This thesis contains three standalone papers that demonstrate the use of econometrics models to estimate the causal effects of education and health policies. These policies are common in many countries but their causal effects are not clearly understood.

The first chapter analyses how the composition of school peers in terms of region-of-origin affects an individual's relationship and work outcomes. The second chapter reveals the heterogeneous impacts of a salt iodisation policy at a voluntary basis on individuals from different socioeconomics

status. The third chapter quantifies the impact of mother tongue education

on an individual's education and labour market outcomes.

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