

Links between Aging and Proteostasis Decline in *Saccharomyces cerevisiae*

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Budscars of aged yeast cells visualized by WGA-staining
together with Hsp104-GFP foci

Original picture was taken by Sandra M Hill

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Dad, this one's for you

Abstract

Proteins are continuously synthesized and degraded to meet the demands of the cell. Hence, a proper balance between synthesis, folding, disaggregation and degradation is of essence to ensure cell survival. Disruption of any part of this proteostasis network may have severe consequences for cellular fitness and longevity. This thesis focuses on how proteostasis decline and aggregate-management is linked to aging in the yeast *Saccharomyces cerevisiae* and why aggregates accumulate in the yeast mother cells. The study revealed that three complementary processes are involved in this process; (i) mother cell-biased segregation of aggregated proteins during cytokinesis, (ii) - *Text removed from public version* - (iii) an age-related decline in proteasome function.

The first process explains why aggregates, once formed, by necessity must accumulate in aging mother cells. This asymmetric inheritance is the result of Hsp104-containing aggregates associating with the actin cytoskeleton, which effectively hinders movement of aggregates into the daughter cell. In addition, actin-tethered aggregates display retrograde transport towards the mother cell providing the daughter cell with the means of clearing itself of aggregates.

But why do aggregates form upon cellular aging? The data presented herein indicate that

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The third process underlying aggregate accumulation includes a functional decline of the ubiquitin-proteasome-system, UPS. Experiments using a model *in vivo* UPS-substrate revealed that 26S proteasome function is greatly diminished in aged cells, an impediment which can be restored by elevating protein disaggregation. The data suggest that the accrual of aggregated proteins obstructs proper UPS function resulting in a negative proteostasis feedback loop.

Finally, - *Text removed from public version* - and proteasome function generated an extension in lifespan, enhanced disaggregation does not, suggesting that it may be more beneficial for the cell to prevent aggregates from forming than eliminating the ones already formed. Thus, aggregate-precursors may be the initial culprits in age-associated proteostasis decline.

Key words: Aging, Aggregates, Proteostasis, Proteasome, disaggregation, Peroxiredoxins, Asymmetric inheritance, *S. cerevisiae*

Abbreviations

AD	Alzheimer's disease
AMP	Adenosine 5'-monophosphate
ATP	Adenosine 5'-triphosphate
cAMP	Cyclic- AMP
CR	Caloric restriction
Cys	Cystein
ERCs	Extra chromosomal rDNA circles
ETC	Electron transport chain
H ₂ O ₂	Hydrogen peroxide
HD	Huntington's disease
Hsps	Heat shock proteins
IB	Inclusion bodies
IPOD	Insoluble protein deposit
JUNQ	Juxtannuclear quality control
MIM	Mitochondrial inner membrane
mtDNA	Mitochondrial DNA
NO·	Nitric oxide radical
O ₂ ^{·-}	Superoxide anion radical
·OH	Hydroxyl radical
PD	Parkinson's disease
PIP	Proteasome interacting protein
PKA	Protein kinase A
PQC	Protein quality control
Prxs	Peroxiredoxins
rDNA	Ribosomal DNA
ROS	Reactive oxygen species
SOD	Superoxide dismutase
SQC	Spacial quality control
TOR	Target of rapamycin
Trxs	Thioredoxins
Ub	Ubiquitin
UPS	Ubiquitin proteasome system
Δψ _m	Mitochondrial membrane potential

List of Papers

This thesis is based on the following papers, which will be referred to in the text by their roman numeral;

I. Segregation of protein aggregates involves actin and the polarity machinery.

Liu B, Larsson L, Franssens V, Hao X, Hill SM, Andersson V, Höglund D, Song J, Yang X, Öling D, Grantham J, Winderickx J, Nyström T
Cell (2011) **147**(5):959-61.

II. - *Text removed from public version* -

Sarah Hanzén, Junsheng Yang*, Veronica Andersson*, Sara Zamarbide-Forés, Frederike Ewald, Lisa Malm, Benoît Biteau, Beidong Liu, Michel Toledano, Mikael Molin and Thomas Nyström

Manuscript

* contributed equally

III. Enhancing protein disaggregation restores proteasome activity in aged cells

Veronica Andersson, Sarah Hanzén, Beidong Liu, Mikael Molin and Thomas Nyström. *Aging* (2013) **5**, 802-812.

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Aims of this thesis

The main aim of this thesis was to elucidate a possible link between protein aggregation and aging in the yeast *Saccharomyces cerevisiae*.

Specific Questions;

- i) Why and how do protein aggregates accumulate in aging yeast mother cells? (paper I, II, III)
- ii) - *Text removed from public version* - (paper II)
- iii) Is UPS function declining with age in yeast (paper III)
- iv) Do age-associated protein aggregates interfere with proper UPS function? (paper III)

Introduction

In this section I will introduce the concept of aging and yeast as a model organism for aging research.

Why do we age?

Aging can be defined as the progressive loss of function accompanied by decreasing fertility and increasing mortality with advancing age (Kirkwood & Austad, 2000). In 1959, Strehler defined four criteria that he considered had to be met, in order for an age-associated change to be considered a part of the basic aging process. These criteria are: i) universality – it should occur in all aged members of a species; ii) progressiveness – the process should be gradual and accumulative; iii) intrinsicity – genetic or internal disruptive events due to the design of the organism (must be due to endogenous, not extrinsic factors); iv) deleteriousness – age changes should result in a decreased survival capacity (Strehler, 1959). A question arising from this proposal is why aging occurs in the first place and how it evolved?

The evolutionary theories of aging attempt to answer this question and are based on Darwin's theory of evolution by natural selection (Darwin, 1859). In natural environments, mortality is generally caused by extrinsic factors, such as predation, starvation, infection etc. and natural selection acts to increase the fitness and performance of the young ensuring reproductive success. The view of senescence as a process of evolution has been paradoxical, since natural selection supposedly promotes increased, not decreased, fitness and aging has therefore been considered just an inevitable and stochastic process of damage accumulation (Weismann, 1882). However, the greatly varying life-spans of different species as well as the existence of genetic mutations affecting the rate of aging gives support for a more complex process (Charlesworth, 2000).

Aging in the light of evolution was first approached by Weismann in the late 19th century, who developed the theory of programmed death (Ljubuncic & Reznick, 2009; Weismann, 1882). This theory suggested that aging evolved to benefit the species, not the individual, thus natural selection would eliminate individuals past their reproductive age, in an effort to minimize the competition for resources. In the endeavor to explain the process of programmed death, Weismann developed the idea of somatic cell division limitations, where lifespan is connected with the number

of somatic cell generations of an individual (Gavrilov & Gavrilova, 2002). Even though the concept of cell division limitations has become well established, now known as the Hayflick limit (Hayflick, 1965), the idea of aging as a programmed process, with “accelerated aging genes” is now receiving little support. Evidence against programmed death was proposed by Medawar, who observed the differences in lifespan due to extrinsic factor (Ljubuncic & Reznick, 2009), where animals tend to live longer if the extrinsic pressure (predation, starvation etc.) is low. In fact, Weismann had earlier discarded his theory of programmed death and formulated the germ-plasm theory which suggests that cells are divided into somatic and germ-line cells, where the germ cells transfer the hereditary material from generation to generation, while the soma ages due to lack of sufficient maintenance (Weismann et al, 1891). This theory is completely compatible with contemporary evolutionary theories of aging.

There are three major branches of the contemporary evolutionary theory of aging: the mutation accumulation (Medawar, 1952), the antagonistic pleiotropy (Williams, 1957), and the disposable soma (Kirkwood, 1977) theory. In 1952, Medawar proposed the mutation accumulation theory of aging where aging is considered an inevitable result of waning natural selection (Medawar, 1952). Here it is suggested that late-acting deleterious mutations will passively accumulate over time as these are not selected against, leading to an increased mortality rate. The antagonistic pleiotropy or “pay later” theory of aging suggests that late-acting deleterious genes may actually be favored by selection if they have beneficial effects at early age (Williams, 1957). Williams was also a pioneer in predicting the trade-off between reproduction and longevity, where he argued that senescence may be initiated when reproductive maturation is reached. In contrast to population genetic theories, Kirkwood (Kirkwood, 1977) developed the disposable soma theory of aging in terms of physiological “trade-offs”, stating that due to finite metabolic resources, the more an organism spends on reproduction, the less it can aliquot to somatic maintenance. It is therefore better, from an evolutionary stand-point, for an organism to invest more resources into reproduction than repair, since most naturally existing organisms die as a consequence of extrinsic hazards before intrinsic deterioration. It is argued that aging results from progressive accumulation of molecular and cellular damage due to evolved limitations for somatic maintenance and repair (Kirkwood, 2005; Kirkwood & Holliday, 1979). It is necessary to emphasize that the mutation accumulation, antagonistic pleiotropy and the disposable soma theories are considered not to be mutually exclusive possibilities (Charlesworth, 2000).

Aging in *Saccharomyces cerevisiae*

Aging in the yeast *Saccharomyces cerevisiae* can be divided into two separate phenomena: chronological aging and replicative aging. Chronological aging, or stationary phase survival is defined as the time a yeast cell can remain viable in a non-dividing state, usually elicited by nutrient starvation (Muller et al, 1980). However, in the light of Strehler's third criteria (Strehler, 1959) for aging (intrinsicity; as mentioned previously), one might argue that this is not a true aging phenomenon.

Yeast also undergo a finite number of divisions independent of its chronological age (Mortimer & Johnston, 1959). This replicative aging is defined as the number of times an individual yeast cell can divide prior to senescence and fulfills all criteria for aging proposed by Strehler (Strehler, 1959). Yeast has been used as a model organism for many years as it is easily manipulated and has a short life span, generation time and, accessible genetic libraries. Still, one might have concerns for using a unicellular organism to study aging since this system lacks many multi-cellular features, such as differentiation and cell-specialization (Gershon & Gershon, 2000). Nonetheless, numerous biological functions are conserved within eukaryotes including molecular mechanisms that lead to senescence and genetic regulation of aging, making aging research on yeast in many ways applicable to higher organisms (Barros et al, 2010).

Yeast replicate through asymmetric budding, where a mother cell gives rise to a smaller, easily distinguishable daughter cell. Over time, the mother cell starts to exhibit clear aging markers such as increased size, bud scar accumulation, slower cell cycle, sterility, DNA and nucleolar fragmentation, genetic instability, increased oxidative stress, mitochondrial damage, and accumulation of damaged and aggregated proteins (Aguilaniu et al, 2003; Erjavec et al, 2007; Laun et al, 2001; McMurray & Gottschling, 2003; Sinclair et al, 1998; Sinclair et al, 1997; Smeal et al, 1996; Woldringh et al, 1995). Remarkably, the daughter cells derived from such mothers show no aging markers. However, as the mother grows progressively older, asymmetric division ceases and the mother generates larger daughters with a compromised replicative potential (Kennedy et al, 1994). Jazwinski and colleagues suggested the existence of a diffusible cytoplasmic senescence factor which is thought to accumulate in the mother cell and displaying mother cell-biased segregation (Egilmez & Jazwinski, 1989). However, as the mother cell reaches terminal senescence, this factor is inherited by the daughter, which then experiences a reduced fitness similar to the mother (Egilmez & Jazwinski, 1989). Several such

aging factors might act in parallel and one of the first recognized was extra chromosomal rDNA circles (ERCs) (Sinclair & Guarente, 1997).

Mother-cell specific aging in yeast involves preferential accumulation of such ERCs as well as damaged and aggregated proteins during asymmetric division; in addition, the daughter cells can clear themselves from damage during the budding process through a polarisome-mediated retrograde transport (Erjavec et al, 2007; Liu et al, 2010). Cell polarity is a universal biological phenomenon and the asymmetric dispersion of age-associated damage and subsequent rejuvenation of the progeny has been compared with soma-like (mother-cell) and germ-like (rejuvenated daughter cell) lineages of higher organism in an attempt to avoid clonal senescence (Budovsky et al, 2011; Guarente, 2010; Liu et al, 2010). In further support for yeast as a useful model organism for aging research are the many evolutionary conserved longevity factors including the well-studied sirtuins (from the yeast gerontogene *SIR2*), caloric restriction (CR) and target of rapamycin (TOR) signaling which have been found to regulate life span in a variety of species from yeast to humans (Fontana et al, 2010; Guarente, 2005; Kaeberlein et al, 1999; Kennedy et al, 2007; Smith et al, 2008).

Lifespan regulators in yeast

Sir2

One of the first longevity factors found in yeast was the NAD⁺-dependent histone deacetylase Sir2 (silent information regulator 2) which is a conserved, key regulator of lifespan (Imai et al, 2000; Kaeberlein et al, 1999; Kennedy et al, 1995; Rogina & Helfand, 2004; Tissenbaum & Guarente, 2001). Sir2 was initially found to mediate silencing at the *HML* or *HMR* mating type loci where loss of silencing leads to simultaneous expression at both loci causing sterility in haploid strains (Kaeberlein et al, 1999; Rine & Herskowitz, 1987; Smeal et al, 1996). Sir2 also mediates silencing at telomeres and the ribosomal DNA (rDNA) loci, where loss of silencing causes telomere-shortening and the formation of extra chromosomal rDNA circles (ERCs), respectively. ERCs are formed by a Fob1-dependent excision of autonomously replicated 9,1kb 100-200 tandem repeats at the rDNA loci and repression of ERC formation requires Sir2. Sir2 is thought to be limiting during yeast aging since over-expressing *SIR2* prolongs lifespan while *sir2Δ* cells have a reduced lifespan (Kaeberlein et al, 1999) and this has been correlated to the level of mother-cell specific ERC accumulation, a hallmark of yeast aging (Sinclair & Guarente, 1997). Moreover, Sir2 is also required for the retention of damaged and aggregated proteins in the mother

during budding, thus cells lacking Sir2 are unable to asymmetrically segregate these damaging agents and daughters are born “old” (Aguilaniu et al, 2003). Hence, *sir2Δ* cells exhibit many of the phenotypes seen in aging yeast, including sterility, accumulation of ERCs, and loss of polarity and asymmetry. Sir2 also plays a part in the caloric restriction (CR) and nutrient signaling-mediated life-span extension, which will be discussed below (Anderson et al, 2003; Guarente & Picard, 2005).

Although Sir2 has been recognized as a key regulator of yeast lifespan, many reports are conflicting with respect to the role of sirtuins in metazoan aging (Banerjee et al, 2012; Burnett et al, 2011; Sinclair & Verdin, 2012). Burnett *et al.* (2011) demonstrate that the previously reported effects of Sir2 in extending life-span in both *Caenorhabditis elegans* (Tissenbaum & Guarente, 2001) and *Drosophila melanogaster* (Rogina & Helfand, 2004) were due to second-site mutations and improper controls, respectively. In *C. elegans*, out-crossing the accompanied *Dyf2* mutation from the Sir2 over-expressing strain abrogated life span extension. However, Banerjee *et al.* (2012) re-established the life-span extending function of Sir2 in *Drosophila*, when they found that Sir2 is required for life-span extension in response to CR and that tissue specific over-expression could increase longevity (Banerjee et al, 2012). Clearly, further studies are required to determine the importance of sirtuins for longevity in higher organisms.

Caloric restriction (CR)

Caloric restriction (CR) involves the controlled reduction of calorie uptake without malnutrition. Already in 1935, CR was found to prolong lifespan in rats (McCay, 1935) and is currently known to increase life span in a variety of organisms, including yeast, worms, flies and mice (Gems & Partridge, 2008). CR was initially believed to promote longevity by a reduction of the metabolic rate based on Pearl’s “rate of living hypothesis” which suggests that lifespan is inversely proportional to its metabolic rate (Lakowski & Hekimi, 1998; Lee et al, 1999; Pearl, 1928; Ristow & Schmeisser, 2011). More recently it has been argued that CR, in fact leads to increased mitochondrial respiration (Barros et al, 2004; Hempenstall et al, 2012; Houthoofd et al, 2002; Lee et al, 1999; Lin et al, 2002; Schulz et al, 2007) though the exact mechanisms are still unclear and under debate. Some claim that CR extends lifespan through induction of stress response and redox-regulated signaling due to an adaptation to reactive oxygen species (ROS) caused by increased mitochondrial respiration, a process known as mitochondrial hormesis or mitohormesis (see later section) (Ristow & Schmeisser, 2011; Schulz et al, 2007; Sharma et al, 2011; Weinberger et al, 2010). Others suggest that CR leads to higher respiratory efficiency

and reduced stalling of the electron transport chain (ETC), leading to lower levels of ROS and hence, lifespan extension (Barros et al, 2004; Cerqueira & Kowaltowski, 2013; Gredilla et al, 2001). One conundrum lies in the still unresolved issues concerning ROS measurement *in vivo* and that not all ROS act in the same manner (Cerqueira & Kowaltowski, 2013; Murphy et al, 2011). Recently, it has been proposed that the levels of the nitric oxide radical (NO \cdot) increase upon CR. At high concentrations, NO \cdot is detrimental, inhibiting many components of the respiratory chain. However at lower concentrations, NO \cdot has been shown to function as a signaling molecule, stimulating mitochondrial biogenesis, resulting in increased mitochondrial mass (Brown, 2003; Nisoli et al, 2003). As it has been reported that mitochondrial mass decreases with advancing age, the stimulation of mitochondrial generation through NO \cdot by CR, could be a mechanism for CR-mediated life-span extension (Cerqueira & Kowaltowski, 2013). It should be noted, however, that CR has also been shown to prolong replicative lifespan in yeast lacking mitochondrial DNA, suggesting that CR can act independently of mitochondrial respiration (Kaeberlein et al, 2005a).

It has also been suggested that CR can prolong lifespan through the activation of Sir2 (Anderson et al, 2003; Lin et al, 2000; Lin et al, 2004), but the mechanism behind have been debated. Lin *et al.* (2004) showed that in response to CR, yeast increases oxygen consumption and respiration, leading to a reduction in NADH levels, which acts as an inhibitor of Sir2, while Anderson *et al.* (2003) reported that CR activates Sir2 by reducing the levels of nicotinamide, another Sir2 inhibitor. However, whether Sir2 is required for lifespan extension by CR appears to be somewhat enigmatic, since CR has been reported to prolong lifespan in both a Sir2-dependent and Sir2-independent manner (Anderson et al, 2003; Kaeberlein & Powers, 2007; Lin et al, 2000; Lin et al, 2004). In contrast, Sir2 appears to be required for lifespan extension by CR in *Drosophila* (Banerjee et al, 2012).

It is also suggested that CR promotes longevity, at least in part, by reducing other nutrient signaling pathways, such as Ras-cAMP-PKA, TOR (target of rapamycin) and IGF-1/insulin signaling, since CR does not prolong lifespan further when these pathway are impaired (Clancy et al, 2002; Kaeberlein et al, 2005b).

Protein kinase A signaling and RAS

In response to glucose, the expression of approximately 40% of all genes in the yeast genome are either repressed or induced (Wang et al, 2004b), and most of the

glucose-induced signaling is regulated by the Ras-cAMP-PKA-pathway (Santangelo, 2006). In short, active (GTP-bound) Ras binds to adenylate cyclase (Cyr1) and stimulates production of cyclic-AMP (cAMP). The “second messenger” cAMP then activates protein kinase A (PKA) by binding to its inhibitor (Bcy1) (Santangelo, 2006).

Yeast expresses two *RAS*-genes, *RAS1* and *RAS2*, where the latter is expressed to a markedly higher degree (Mosch et al, 1999). Depending on the genetic background or the environmental conditions (i.e stress, nutrition) *RAS2* overexpression could either be beneficial or detrimental to the cell. (Jazwinski, 1999). An overactive Ras pathway results in sensitivity to stress conditions and failure to arrest in the G1 phase of the cell cycle upon nutrient limitations. However, reduced activity causes enhanced stress resistance and constitutive expression of heat shock genes. Too little activity leads to inefficient cell-cycle progression and cell death (Thevelein, 1994). The *RAS* pathway is therefore believed to play a major role in allocating resources between growth and maintenance in response to nutritional changes (Jazwinski, 1999).

It has been reported that the expression of *RAS2* decreases with age and that overexpressing *RAS2* leads to both lifespan extension and postpones aging (Sun et al, 1994). Ras2 is also a modulator of the retrograde response in yeast, a response that is known to extend lifespan in response to mitochondrial dysfunction (Kirchman et al, 1999). However, *RAS1* has been shown to limit lifespan in yeast, suggesting differential roles of the two genes (Sun et al, 1994). Even though overexpression of *RAS2* extends lifespan, too much Ras-activity abolishes this effect, suggesting that there is a biphasic, or dose-dependent, effect on lifespan by *RAS2* (Jazwinski, 1999). The *RAS2*^{val19} mutation, which generates an overactive Ras2, curtails yeast lifespan and leads to early senescence and apoptosis (Hlavata et al, 2008). Thus a hyperactive RAS-cAMP-PKA signaling pathway can be detrimental to the cell.

The role of Ras/PKA in regulating lifespan is strengthened by the fact that reduced signaling through PKA mimics the lifespan extension effect of low glucose concentrations during CR (Lin et al, 2000). Recent studies by Molin *et al.* (2011) also show that low PKA activity leads to increased H₂O₂ resistance and to a Tsa1-dependent lifespan extension in yeast (Molin et al, 2011). Many questions remain as to how, exactly, Ras/PKA interplay to regulate longevity.

TOR signaling

TOR proteins are evolutionary conserved protein kinases that regulate a variety of cellular processes such as cell growth, ribosome biogenesis, autophagy, metabolism, stress response, and cell cycle-dependent polarization of the actin cytoskeleton, in response to nutrients (Kaeberlein et al, 2005b; Schmelzle & Hall, 2000). TOR activity has also emerged as a principal determinant of replicative aging in yeast. Reduced signaling through TOR has been shown to mediate lifespan extension by enhancing Sir2-dependent stabilization of rDNA, leading to lower levels of ERCs (Medvedik et al, 2007). Moreover, inhibiting TOR signaling also promotes longevity through a Sir2-independent mechanism resulting in the down-regulation of mRNA translation and ribosome biogenesis, and increased autophagy (Kaeberlein & Kennedy, 2011; Kaeberlein et al, 2005b). It has also been shown that the TOR signaling pathway communicates with several other known longevity pathways, including CR and IGF-1/insulin signaling (Johnson et al, 2013), and is involved in modulating the retrograde response (see below) (Liu et al, 2003b), demonstrating a complexity and interconnectivity between different longevity pathways.

The retrograde response

The retrograde response was first described by Parikh *et al.* (Parikh et al, 1987) where they found that the nuclear genome could “sense” the state of the mitochondria. Loss of mitochondrial membrane potential ($\Delta\psi_m$) (Miceli et al, 2011) and/or mtDNA (ρ^- or ρ^0) triggers the retrograde response in yeast, generating wide-ranging changes in nuclear gene expression (Butow & Avadhani, 2004; Parikh et al, 1987). These changes include elevated expression of genes involved in metabolic signaling, growth control, stress responses, and longevity (Jazwinski, 2005; Liu & Butow, 2006). Induction of the retrograde response leads to replicative lifespan extension and also postpones customary senescent phenotypes, such as increased generation time (Kirchman et al, 1999). The retrograde response and its effect on yeast life span in cells lacking mtDNA are modulated by Ras2 (see earlier section) (Kirchman et al, 1999; Sun et al, 1994). It has further been shown that the induction of the retrograde response and subsequent effect on lifespan, stands in relation to the severity of the mitochondrial impairment, hence the higher the induction, the greater the extension of lifespan (Jazwinski, 2000).

During aging, cells experience loss of $\Delta\psi_m$, which activates the retrograde response (Jazwinski, 2005; Miceli et al, 2011). The retrograde response involves metabolic adaptation to mitochondrial respiratory-deficiency by activation of anapleurotic

pathways in a way to maintain cellular glutamate supplies (Butow & Avadhani, 2004). It is suggested that a progressive induction of the retrograde response mitigates the accumulating mitochondrial dysfunction seen during aging (Jazwinski, 2005).

A conundrum of the retrograde response is that in addition to extending lifespan, the retrograde response conversely induces genome instability by producing ERCs which are, as previously mentioned, a contributor to yeast aging (Borghouts et al, 2004). It is not fully understood how these two divergent roles of the retrograde response interplay to extend lifespan, but it has been suggested that the retrograde response partially ameliorates the damaging effects of ERCs (Jazwinski, 2005).

Proteostasis

Protein homeostasis, or proteostasis, refers to the proper balance between synthesis, folding, trafficking, disaggregation and degradation of proteins. Thus, proteostasis involves a complex and integrated cellular network that governs the “life of proteins” from synthesis to proteolysis (Balch et al, 2008; Douglas & Dillin, 2010). In this section I will present the processes and components involved in proteostasis relevant for this thesis.

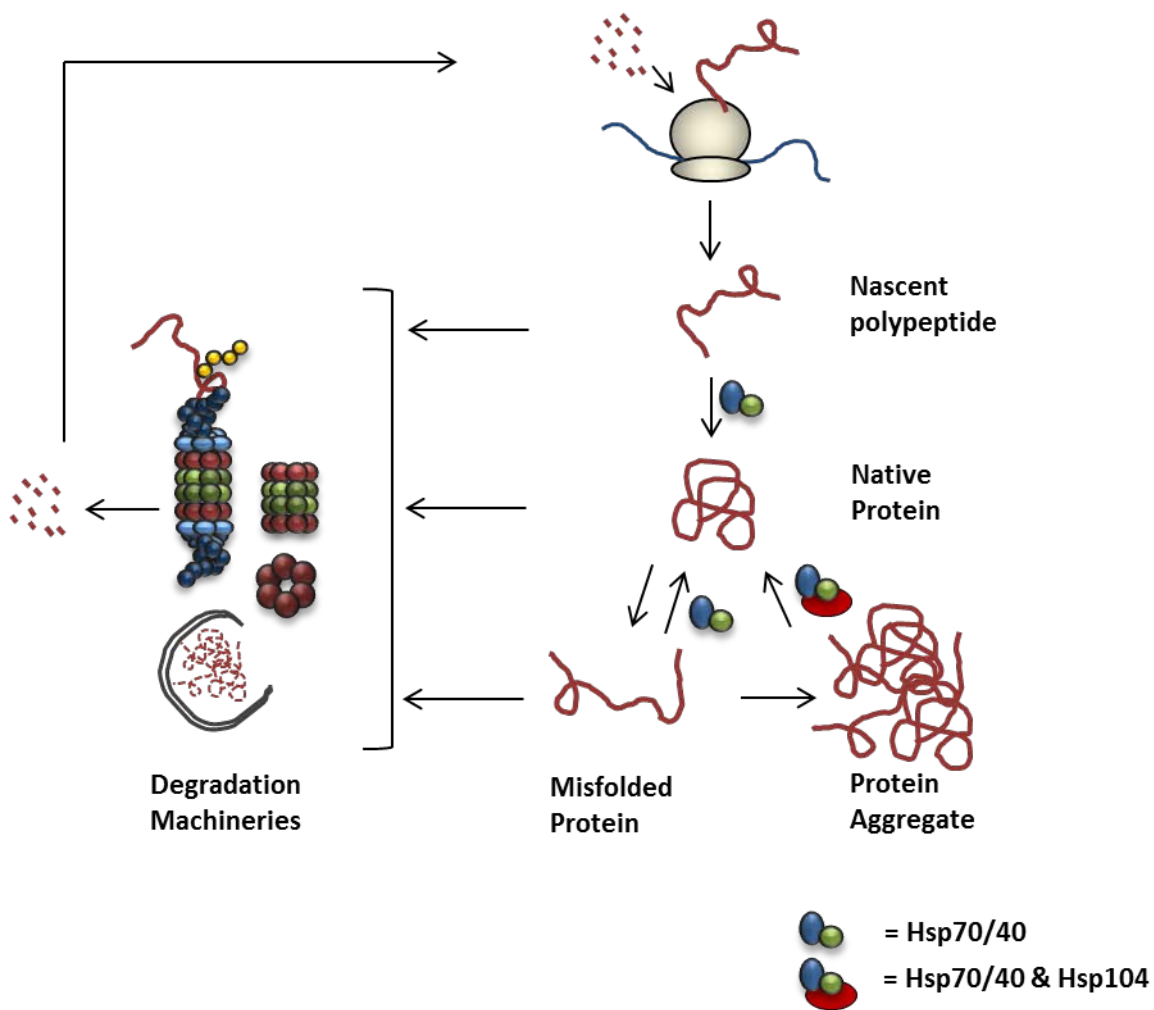


Figure 1. *The “life of a protein”.* After protein synthesis, a complex network of chaperones is involved in protein folding, refolding, disaggregation and degradation. Superfluous, misfolded or damaged proteins/polypeptides are degraded by the cells proteolytic machineries which include: the proteasome, vacuole (lysosome) and the Lon protease. The resulting amino acids can then be recycled (see text for more details)

Chaperones

Proper protein folding is an essential component of protein quality control (PQC) and proteostasis (Fig.1). Molecular chaperones and chaperonins are proteins that assist in the protein folding process. Chaperones bind to unfolded or misfolded proteins and facilitate protein remodeling without being a permanent component of the final complex (Ellis, 2006), while chaperonins function as protein-folding chambers (Koga et al, 2011). In addition to assisting *de novo* synthesized proteins, chaperones recognize and bind to exposed internal/hydrophobic residues of damaged and misfolded mature proteins to prevent and/or reverse unspecific protein-protein interactions. If the damage is irreparable, chaperones can facilitate the degradation of the substrate by the cellular proteolytic systems. Chaperones are also central for the assembly and disassembly of oligomeric complexes, translocation of proteins across cellular membranes, and regulated vesicular transport (Bukau & Horwich, 1998; Ellis, 2006; Hartl & Hayer-Hartl, 2002). Many chaperones are heat shock proteins (Hsps) in that they are induced upon heat and other cellular stressors when protein misfolding and unfolding increases.

The Hsp104 & Hsp70/40 chaperone system

When the load of misfolded and unfolded proteins exceeds the cellular chaperone capacity, aggregates tend to form. Hsp104 is a hexameric AAA+ ATPase specializing in protein disaggregation and remodeling in yeast (Glover & Lindquist, 1998; Wendler et al, 2007). Hsp104 and its orthologs are present in fungi, plants and bacteria but no disaggregating chaperone similar to Hsp104 has been found in animals (Mosser et al, 2004). Hsp104 does not, unlike conventional chaperones, participate in the prevention of aggregate formation. However, after aggregates are formed due to e.g. oxidative stress or heat shock, Hsp104 collaborates with Hsp70 and Hsp40 in resolving aggregates to enable refolding or degradation by the proteolytic system (Glover & Lindquist, 1998). The cellular concentration of Hsp104 increases dramatically in response to stress (Bosl et al, 2006). The mechanism for how Hsp104 mediates its disaggregation functions has been debated, resulting in two different models: the “crowbar” and the “ratchet” model (Fig.2). The “crowbar” model was first described in (Glover & Lindquist, 1998), where they propose that Hsp104’s hexameric structure provides multiple sites for substrate (aggregate) binding after which an ATP dependent conformational change in Hsp104 alters the position of the binding sites thereby prying the aggregated proteins apart leading to partial disaggregation.

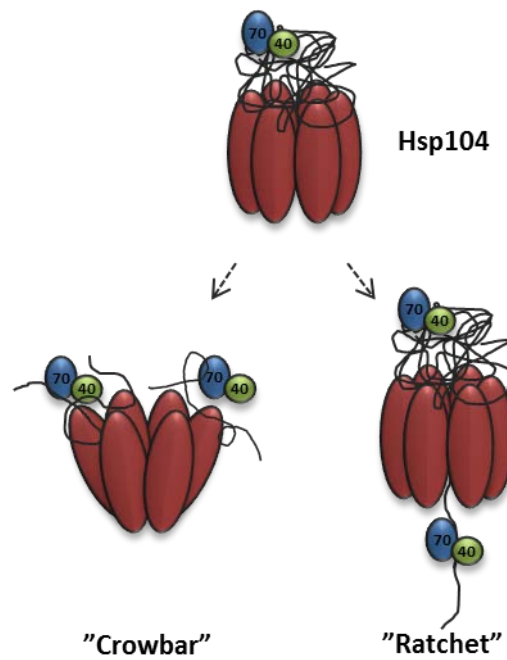


Figure 2. Proposed models for Hsp104-mediated disaggregation. In the “crowbar” model (left) aggregates are mechanically pried apart due to a conformational change in Hsp104 upon ATP hydrolysis. In the “ratchet” or “threading” model (right) single polypeptides are extracted from the aggregate and threaded through the Hsp104 pore. In both cases Hsp70/40 presents the aggregate to Hsp104 and aids in the refolding of the denatured proteins.

The Hsp70/40 chaperones are then able to disassemble these structures further. In the “ratchet” or “threading” model, it is suggested that single polypeptides are extracted from the aggregate and threaded through the central pore of the Hsp104 hexameric ring complex and subsequently refolded by the Hsp70/40 system or degraded (Lum et al, 2004; Weibezahn et al, 2005).

It has been suggested that both mechanism could be true, depending on the type of aggregate where amorphous aggregates are believed to be threaded (Lum et al, 2004; Weibezahn et al, 2005), while structured amyloid fibrils are thought to be pried apart (Inoue et al, 2004; Shorter & Lindquist, 2004). However, evidence has also surfaced that support the “threading” model for both types of aggregates (Grimminger-Marquardt & Lashuel, 2010; Tessarz et al, 2008).

In both models, disaggregation by Hsp104 is followed by the chaperone activities of the Hsp70/40 systems and it has been shown that the activity of Hsp104 is enhanced when Hsp70/40 acts upstream of the disaggregase (Grimminger-Marquardt &

Lashuel, 2010; Weibezahn et al, 2005). The disaggregating activity of Hsp104 in relation to aging and proteasome activity will be discussed further in the results section.

Protein degradation

Proteins are continuously synthesized and degraded to meet the demands of the cell; hence a proper protein turnover is crucial for cell survival. There are several intracellular protein degradation systems in eukaryotes. Proteasomal degradation and autophagy are responsible for the major part of intracellular protein elimination (Finley et al, 2012) while the Lon protease (Pim1 in *S. cerevisiae*) is the main protease for degradation of misfolded and oxidized proteins in the mitochondria (Fig.1) (Bota & Davies, 2002).

Autophagy

Autophagy refers to the degradation by the lysosome or vacuole (in yeast) of non-essential or damaged cellular constituents, aggregates and organelles (Lee et al, 2012; Reggiori & Klionsky, 2013). Autophagy can be divided into three different classes depending on the manner by which the substrate reaches the lysosome/vacuole: macroautophagy, microautophagy and chaperone-mediated autophagy (Vellai et al, 2009). Macroautophagy involves the formation of an autophagosome, a double, - or multiple membrane cytosolic vesicle (Klionsky et al, 2011). The autophagosome sequesters the cytoplasmic contents or organelle to be degraded and subsequently fuses with the lysosome/vacuole (Klionsky & Codogno, 2013). During microautophagy, the target is directly engulfed by the lysosome/vacuole and is ingested by membrane involution (Lee et al, 2012; Vellai et al, 2009). Chaperone-mediated autophagy is a strictly selective process involving chaperone recognition of a specific pentapeptide motif (KFERQ) and translocation of the chaperone-KFERQ-containing protein into the lysosome/vacuole through a specific receptor (the lysosome-associated membrane protein (LAMP)-2A) (Vellai et al, 2009).

Autophagy is the only known mechanism responsible for the removal of superfluous or dysfunctional mitochondria, also known as mitophagy (Lee et al, 2012). As cells age, there is a decline in autophagy function, and this has been correlated with the accumulation of dysfunctional mitochondria, increased oxidative stress and chronic pathologies including neurodegenerative disease (Lee et al, 2012).

The Lon protease

The Lon protease (Pim1 in yeast) is an ATP-dependent, homo-oligomeric ring-shaped protease located in the mitochondrial matrix (Stahlberg et al, 1999). There are two major proteases in the mammalian mitochondrial matrix, ClpXP and Lon, whereas in yeast Pim1 (protease in mitochondria) acts alone as ClpP is absent (Van Dyck & Langer, 1999). The Lon protease is believed to be the main protease for degradation of oxidized and misfolded proteins in the mitochondria (Bota & Davies, 2002) and is imperative for mitochondrial function and homeostasis (Chondrogianni et al, 2012). The Lon protease is induced in response to a variety of stressors, including heat and H₂O₂ (Bender et al, 2010; Ngo & Davies, 2009; Van Dyck et al, 1994). It has been shown that cells lacking *PIM1* have lower levels of ATP-dependent proteolysis, are respiratory deficient, sensitive to oxidative stress and have an increased accumulation of aggregated proteins (Suzuki et al, 1994; Van Dyck et al, 1994). Conversely, studies in *P. anserina*, reveal that overexpression of LON (PaLon) leads to lower levels of carbonylated proteins, enhanced resistance to oxidative stress and life-span extension (Luce & Osiewacz, 2009), suggesting a connection between the Lon protease and aging.

Recent studies demonstrating that Pim1 activity decreases with the age of yeast mother-cells further support a link between the Lon protease and aging (Erjavec et al, 2013). Deleting *PIM1* leads to a reduced lifespan, increased accumulation of carbonylated and aggregated proteins in the cytosol, and a diminishes proteasome activity, suggesting interconnectivity between the different degradation pathways (Erjavec et al, 2013).

The proteasome

The 26S proteasome is an essential 2.5 MDa multicatalytic protease localized both in the nucleus and the cytosol (Brooks et al, 2000). The proteasome is involved in many cellular processes, including: cell-cycle progression, transcriptional regulation, signal transduction, antigen processing, DNA repair, apoptosis, and protein quality control (Ciechanover, 2005; Goldberg, 2007; Goldberg et al, 1995; Jung et al, 2009). The cellular abundance of proteasomal proteins is vast as it can comprise up to 2% of the total cellular protein content (Goldberg, 2007) and it has been stated that between 80-90% of all aberrant and short-lived cytosolic proteins are destined for degradation by the proteasomal system (Lee & Goldberg, 1998). The 26S proteasome is composed of two distinct subcomplexes: the 20S proteolytic core and the 19S regulatory particle which can be bound to either or both ends of the 20S core (Fig 3).

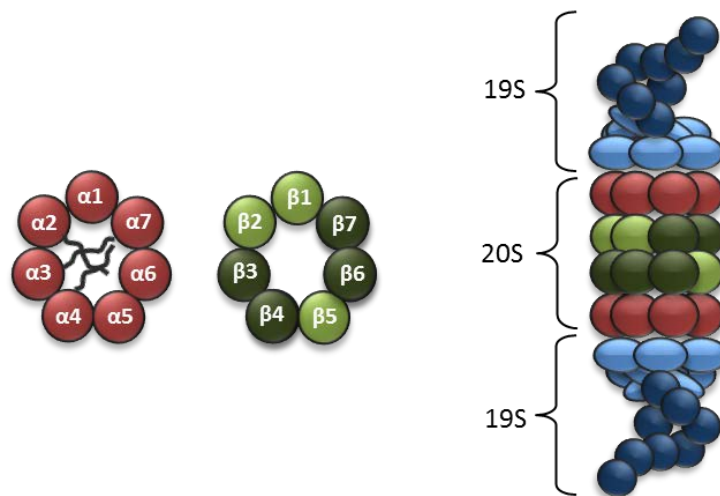


Figure 3. Schematic image of the 26S proteasomal complex. The left image shows the arrangement of the outer α -rings with the N-terminal domains of $\alpha 2$, $\alpha 3$ and $\alpha 4$ creating a gate, blocking the entry into the catalytic core. The middle image represents the β -rings, where the proteolytically active β subunits ($\beta 1$, $\beta 2$ and $\beta 5$) are shown in lighter green. The image to the right is a representation of the different parts of the 26S proteasome, the 19S regulatory particle in blue (base=light; lid=dark) and the 20S core.

20S core particle

The 20S proteasome is comprised of four stacked rings of seven subunits each, resulting in a barrel-shaped structure (Groll et al, 1997). The two identical outer rings are known as the α -rings (α_{1-7}) and the inner rings are known as the β -rings (β_{1-7}). The proteolytic sites are buried inside the 20S pore and entry is controlled by a gate formed by the N-terminal domains of the $\alpha 2$, $\alpha 3$ and $\alpha 4$ subunits of the outer rings (Fig. 3) (Groll et al, 1997; Jung et al, 2009). The inner β -rings, which harbor the proteolytic activity through the action of the N-terminal threonine residues of the $\beta 1$, $\beta 2$ and $\beta 5$ subunits, give rise to six active sites (Fig.3). The peptide cleavage specificities of the three subunits differ, where the $\beta 1$ subunits cleave after acidic amino acids (caspase-like activity), $\beta 2$ after basic amino acids (trypsin-like activity) and $\beta 5$ after hydrophobic or neutral amino acids (chymotrypsin-like activity) (Goldberg, 2007; Groll & Huber, 2004; Loidl et al, 1999). Mammalian cells have, in addition to the regular catalytic β -subunits, three β_i subunits (β_{1i} , β_{2i} and β_{5i}). Incorporation of the β_i -subunits generates the 20Si or immunoproteasome, which is involved in antigen processing (Chondrogianni et al, 2012). Opening of the α -gate and subsequent entry into the catalytic core, is achieved through the binding of the 19S regulatory particle.

19S regulatory particle

The 19S regulator, also called PA700, consists of 19 subunits divided into a base and lid-like structure (Glickman et al, 1998; Jung et al, 2009). The base consists of six subunits with ATPase activity (Rpt1-Rpt6), arranged in a heteromeric ring complex associating with the core particle, and four non-ATPases (Rpn1, Rpn2, Rpn10 and Rpn13) (Finley et al, 2012). The base is believed to be involved in substrate recognition, ubiquitin binding, protein unfolding, and 20S gate opening (Braun et al, 1999; Hanna & Finley, 2007; Leggett et al, 2005). The lid contains the remaining nine subunits of the 19S regulatory particle (Rpn3, Rpn5-Rpn9, Rpn11, Rpn12 and Sem1) and is required for deubiquitination and degradation of ubiquitinated proteins (Glickman et al, 1998; Leggett et al, 2005).

Other proteasome regulators

There are other proteasome activators in addition to the 19S regulator. The best characterized is the PA28 regulator (11S; REG). Although not found in yeast, PA28 is an ATP-independent cytosolic regulator of 20S and appears in three isoforms: PA28 α , β , and γ (Chondrogianni et al, 2012). PA28 $\alpha\beta$ is thought to be important in antigen processing (Kuehn & Dahlmann, 1997), while PA28 γ is involved in cell-cycle regulation (Chen et al, 2007).

The yeast Blm10 (PA200 in mammals) is a nuclear ATP- and ubiquitin-independent proteasome regulator which can assist in degrading peptides but not proteins (Savulescu & Glickman, 2011). PA200 is poorly conserved, sharing less than 20% identity between yeast and humans; however, they share key residues and structural motifs (Savulescu & Glickman, 2011). PA200 has been shown to be involved in DNA repair (Ustrell et al, 2002), and is required for mitochondrial function in yeast (Sadre-Bazzaz et al, 2010).

The Ubiquitin Proteasome System (UPS)

In order to maintain controlled protein degradation, there must be a way for the 26S proteasome to distinguish between proteins destined for degradation and proteins that are not. The ubiquitin system is responsible for recognizing proteins that are to be degraded and tagging them with a chain of ubiquitin, a small, essential protein found ubiquitously in all eukaryotic cells (Chondrogianni et al, 2012; Hershko & Ciechanover, 1998). Ubiquitination is a complex multistep process involving the action of three types of enzymes (Fig. 4): E1 (ubiquitin-activating enzyme), E2 (ubiquitin-conjugating enzyme) and E3 (ubiquitin ligase) (Hochstrasser, 1996).

Initially, E1 activates a ubiquitin-molecule (Ub) in an ATP-dependent manner and transfers it to E2, where E1 is subsequently released. A substrate specific E3-ligase recognizes and binds the target protein, the E2-Ub complex then binds the E3-substrate and finally, the ubiquitin-molecule is transferred to the substrate either directly or via the E3-ligase (Jung et al, 2009).

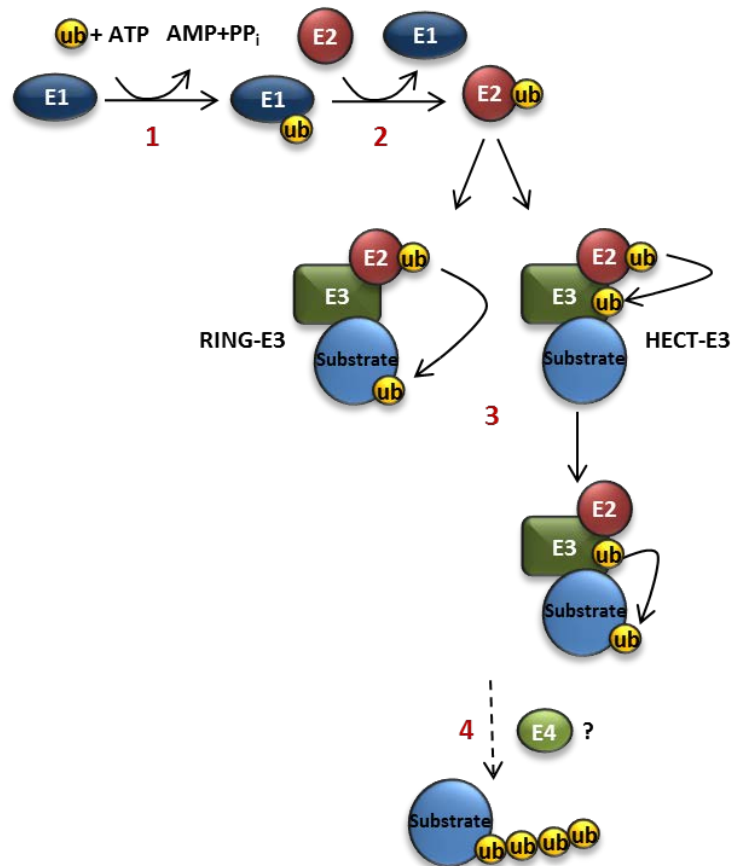


Figure 4. Ubiquitination. (1) Activation: a ubiquitin (ub) molecule (yellow) is activated by an E1 ubiquitin-activating enzyme (dark blue) in an ATP-dependent manner. (2) Conjugation: The E2 ubiquitin-conjugating enzyme (red) catalyses the transfer of ub from E1 to E2 and E1 is released. (3) Ligation: An E3 ubiquitin-ligase (green) recognizes a target protein, the E2-ub complex binds the E3-substrate. The E3-ligase either transiently binds ub (HECT-domain E3) or promotes the direct transfer of ub from E2 (RING-bearing E3) to the substrate (lighter blue). (4) Polyubiquitination: Subsequent rounds of ubiquitination, which can be facilitated by an E4 ubiquitin elongating factor (lighter green), are required for recognition by the 26S proteasome (Chondrogianni et al, 2012; Jung et al, 2009; Tu et al, 2007).

There are many different E3-ligases that bind defined motifs on target substrates. The target motif can for instance be a posttranslational modification (e.g. phosphorylation) or the N-terminal residue, a specific sequence or domain (e.g. a hydrophobic patch) of a protein that normally is not exposed (Ciechanover & Brundin, 2003).

Consecutive rounds of ubiquitination are then required since the recognition and processing of the ubiquitinated target protein by the 26S proteasome is only achieved after a chain of at least four Ub-molecules is attached (Thrower et al, 2000). This Ub-chain elongation is occasionally assisted by an E4 ubiquitin elongation factor (Ufd2 in yeast) (Benirschke et al, 2010; Tu et al, 2007). After the 19S regulatory particle has recognized the ubiquitinated substrate, it is unfolded, deubiquitinated and translocated into the 20S catalytic core where it is hydrolyzed into peptides of an average length of 8-12 amino acids (Jung et al, 2009). Both the ubiquitin and amino acids are recycled for further use.

Protein damage

Here I will give an introduction to how and why oxidative damage and protein modifications occur, as well as how they may be prevented. Emphasis will lie on components related to this thesis.

Reactive Oxygen Species (ROS)

One inevitable consequence of aerobic life is the generation of reactive oxygen species (ROS) (Berlett & Stadtman, 1997). Already in the 1950's, Denham Harman postulated the "free radical theory of aging" (Harman, 1956), stating that ROS, as a byproduct of oxygen metabolism, causes macromolecular damage, degenerative disease and aging. It is now commonly believed that mitochondrial respiration is the main endogenous source of ROS production, where the reduction of oxygen through oxidative phosphorylation, generates superoxide anion radicals ($O_2^{\cdot-}$) and by extension, other ROS, including hydrogen peroxide (H_2O_2) and the highly reactive hydroxyl radical ($\cdot OH$) (Murphy, 2009).

While oxidative damage of macromolecules due to unmanageable ROS levels have been described in a variety of species from yeast to humans, it has recently become evident that ROS also plays an important role in stress resistance and longevity (Labunskyy & Gladyshev, 2013).

The dual and somewhat enigmatic role of ROS in both promoting and preventing aging comes from the observations that low levels of ROS can activate different stress response and redox-regulated signaling pathways and are required for defense against pathogens, while higher levels are detrimental to the cell (Hohn et al, 2013; Labunskyy & Gladyshev, 2013). The former phenomenon has been referred to as mitochondrial hormesis or mitohormesis, which is a dose-dependent response to a stressor (Gems & Partridge, 2008; Ristow & Zarse, 2010). Recent studies in *C. elegans* reveal that exposure to low levels of $O_2^{\cdot-}$ results in lifespan extension; however, increasing the levels of $O_2^{\cdot-}$, leads to a dose-dependent decrease in lifespan (Van Raamsdonk & Hekimi, 2012). In a similar way, it has been reported that CR leads to ROS-dependent induction of long term stress resistance and lifespan extension in both yeast and worms (Schulz et al, 2007); however, this is still somewhat controversial (Cerqueira & Kowaltowski, 2013) (see earlier section).

Antioxidants

To maintain a reduced intracellular redox environment, cells need to be equipped with antioxidant defense systems to cope with ROS. These antioxidants can be either protective enzymes that are upregulated as needed or non-enzymatic free radical scavengers (Morano et al, 2012). Antioxidant enzymes include: superoxide dismutases (SODs), catalases, methionine sulfoxide reductases (MSRs), thioredoxins and peroxiredoxins. If the amount of ROS produced exceeds the antioxidant capacity of the cell this will lead to oxidative stress (Morano et al, 2012), and in some conditions, shortened lifespan. It is therefore tempting to assume that the antioxidant capacity of the cell is directly correlated to its lifespan, this is, however, not necessarily true. Many contradictory reports regarding antioxidant's effect on lifespan have emerged over the years. Some reports show that increasing the antioxidant capacity of the cell, e.g. overexpression of catalases (Schriner et al, 2005) and SODs (Curtis et al, 2007; Fabrizio et al, 2003; Parkes et al, 1998), can lead to extended lifespan, whereas, other studies show that increasing SODs have no effect (Doonan et al, 2008) or even shorten lifespan (Van Raamsdonk & Hekimi, 2009). One of the reasons for the negative effect of elevated antioxidant capacity could be the role for ROS in signaling, where excessive antioxidant scavenging would disrupt ROS homeostasis.

Peroxiredoxins

Peroxiredoxins (Prxs), also called thioredoxin peroxidases, are ubiquitous thiol-specific antioxidant proteins found in yeast, plants and animals. They act as antioxidant scavengers, reducing and detoxifying H_2O_2 and a wide range of organic hydroperoxides (Nystrom et al, 2012; Wood et al, 2003). Prxs are efficient scavengers when H_2O_2 concentrations are low due to their high reactivity for the substrate, however when H_2O_2 increases, Prxs become saturated and catalases are more efficient (Seaver & Imlay, 2001). All Prxs contain at least one active-site peroxidatic cysteine (Cys) which is oxidized to a sulfenic acid by the peroxide substrate (Wood et al, 2003). Prxs can be divided into two classes based on the number of conserved Cys residues: 2-Cys Prxs contain both the N-terminal peroxidatic cysteine corresponding to Cys48 in yeast and a C-terminal resolving Cys corresponding to Cys171; 1-Cys Prxs only contain the N-terminal cysteine. The 2-Cys Prxs are subdivided into "typical" and "atypical" 2-Cys Prxs. "Typical" 2-Cys Prxs are homodimers, where the peroxidatic Cys condenses with the resolving Cys of the other subunit forming an intermolecular disulfide bond (Fig. 5), while the "atypical" 2-Cys is a monomer, forming an intramolecular disulfide bond between the peroxidatic and resolving Cys on the same

subunit, in response to peroxides. The disulfide bonds can then be reduced by thioredoxins (Trxs), making the Prxs available for another round of H₂O₂ reduction (D'Autreaux & Toledano, 2007). When peroxide concentrations are high the 2-Cys Prxs sulphenylated form is subject to further oxidation and inactivation by H₂O₂ (Yang et al, 2002) (Fig. 5). This can occur if the formation of disulfide bonds is insufficiently rapid and the catalytic cycle is momentarily stalled in the intermediary sulphenylated form (Hall et al, 2011).

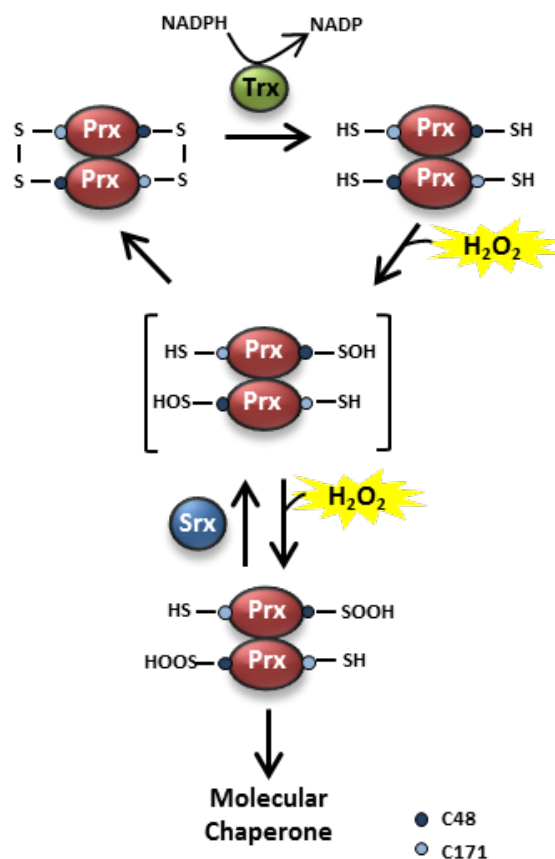


Figure 5. “Typical” 2-Cys Prx catalytic cycle. The “typical” 2-Cys Prx is a homodimer which reduces H₂O₂ through the peroxidatic (Cys48) cysteine to a sulfenic acid (intermediary form) which condenses with the resolving (Cys171) cysteine on the other subunit to form a disulfide bond. This can subsequently be reduced by Trx in a NADPH-dependent manner. Prxs are subject to hyperoxidation by H₂O₂ to form sulfinic acid, inactivating the Prx peroxidase activity. The hyperoxidized Prx oligomerizes and has been shown to function as a molecular chaperone in the prevention of aggregated proteins. This hyperoxidized form can be reversibly reduced by Srx, indicating a regulatory process (D'Autreaux & Toledano, 2007; Nystrom et al, 2012; Wood et al, 2003).

The hyperoxidized, sulphinic acid form of the yeast Prx, Tsa1, oligomerizes and is suggested to function as a molecular chaperone (Jang et al, 2004). During normal cellular conditions, where the cell is exposed to fairly low concentrations of H₂O₂, 2-Cys Prxs exist in both the peroxidatic and chaperone form (Jang et al, 2004). However, during oxidative stress conditions, there is a switch towards the chaperone form where 2-Cys Prxs undergo conformational changes leading to high molecular weight complexes (Jang et al, 2004; Rhee & Woo, 2011). As certain levels of H₂O₂ are necessary for signal transduction, it has been proposed that the hyperoxidation and inactivation of Prxs also act as “floodgates” in a way to maintain sufficient basal H₂O₂ levels required for signaling (Wood et al, 2003).

The dual role of Prxs was found when yeast expressing the non-peroxidatic “Cys-less” Tsa1 (C48S/C171S) could ameliorate the hypersensitivity to heat stress found in a *tsa1/2* mutant strain (Jang et al, 2004). Thus, they reasoned that Tsa1 must have another function unrelated to its peroxidase activity. They also found that the peroxidatic Cysteine Cys48 was essential for hyperoxidation and subsequent oligomerization in response to H₂O₂ stress *in vivo*; though, this was not the case during the *in vitro* heat stress experiments, suggesting two different pathways (Jang et al, 2004). These findings will be addressed further in the results and discussion section.

The hyperoxidized, sulphinylated form of Prxs can be reduced by Srxs (Srx1 in yeast) (Biteau et al, 2003), leading to dissociation into low molecular weight species and subsequently reactivation of its peroxidase function (Jang et al, 2004; Rhee & Woo, 2011). Recent studies by Molin *et al.* (2011) show that the low PKA activity seen during CR (glucose restriction) leads to a Tsa1-dependent lifespan extension in yeast. Low PKA generates increased levels of Srx1 which counteracts the H₂O₂-induced hyperoxidation and inactivation of the H₂O₂ scavenging peroxiredoxin Tsa1 leading to increased H₂O₂ resistance and lifespan extension (Molin et al, 2011).

Oxidative damage and protein modifications

Proteins are incessantly affected by various intrinsic and extrinsic factors. Under physiological conditions, approximately 30% of all newly synthesized proteins are misfolded and during oxidative conditions this number increases substantially (Chondrogianni et al, 2012). It has also been shown that severe oxidative stress can induce protein mistranslation (Ling & Soll, 2010) adding to the pool of misfolded proteins in the cell. Moreover, mistranslated proteins also have an increased

susceptibility to oxidative modifications caused by ROS (Ballesteros et al, 2001; Dukan et al, 2000). The observation that certain proteins have particular susceptibility to detrimental posttranslational modifications, suggests that protein damage is not an entirely random process. Recent work in human myoblasts, demonstrate that there is a selective oxidation of proteins even in the presence of severe peroxide stress (Baraibar et al, 2011). In addition, undifferentiated mouse embryonic stem (ES) cells show a preferential oxidation (carbonylation) of chaperones and cytoskeletal proteins (Hernebring et al, 2006) and selective oxidation has also been found during aging (Dukan & Nystrom, 1998; Reverter-Branchat et al, 2004).

There are several ways proteins can be oxidatively modified, either (i) directly through attacks of the peptide chain by ROS creating protein backbone damage or damage to specific amino acid side chains, or (ii) indirectly through the formation of protein glycation and lipid peroxidation products (Hohn et al, 2013). The two most commonly oxidized amino acids are cysteine and methionine, and they are also the only residues that can be reversibly reduced (Jung et al, 2009; Ugarte et al, 2010). In contrast, carbonylation is an irreparable damage involving the oxidation of lysine, arginine, proline and threonine residues (Hohn et al, 2013). Carbonylation is considered to be the most abundant irreversible oxidative modification of proteins (Stadtman & Levine, 2003). Depending on the severity of the oxidation, proteins can experience reduced activity or complete loss of function. Heavily oxidized proteins often have an altered tertiary structure, as do misfolded proteins, exposing hydrophobic residues normally buried inside the protein. In order to escape the aqueous environment of the cell, these unfolded, hydrophobic proteins tend to form unspecific protein-protein interactions, resulting in protein aggregation (Davies, 2001; Grune et al, 2004).

Aging and proteostasis decline

Disruption of any part of the proteostasis network can have severe consequences for cellular fitness and longevity. Here an overview is given of how the decline in proteostasis maintenance is associated with aging and age-related diseases.

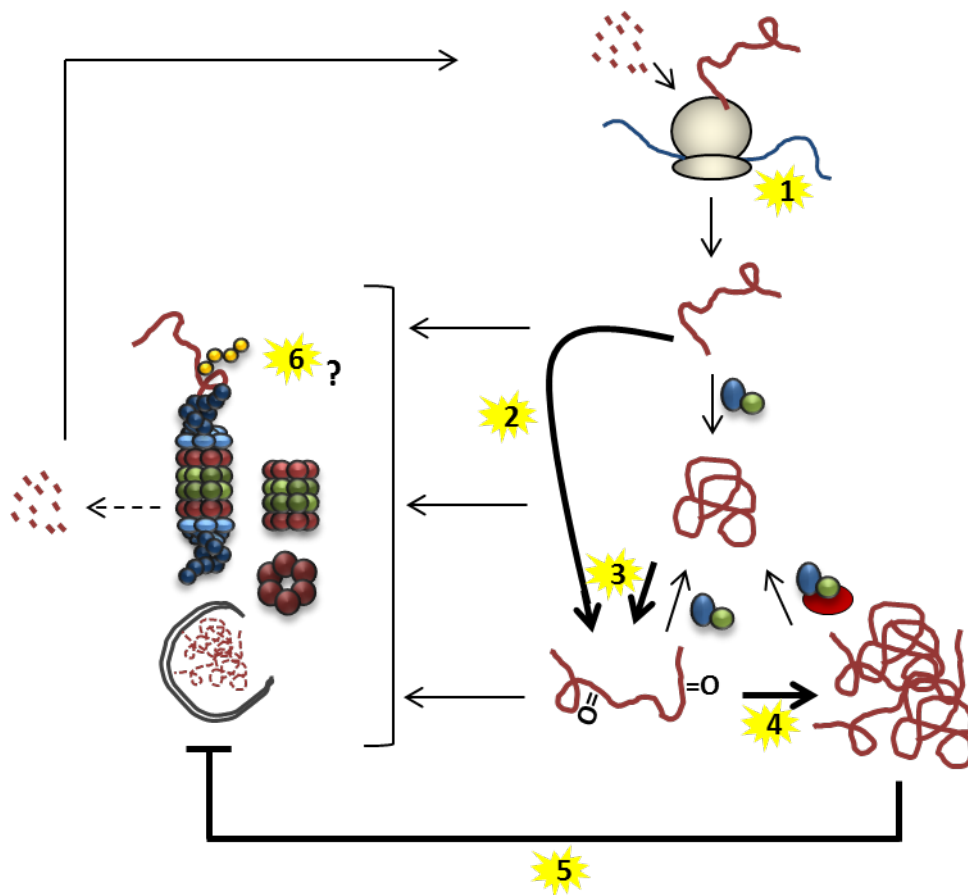


Figure 6. Schematic representation of proteostasis decline during oxidative stress and aging. Oxidative stress, as seen during aging, can affect many parts of the proteostasis network leading to protein mistranslation (1), increased susceptibility for oxidative modification and protein misfolding (2,3), protein aggregation (4) and inhibition of proteolysis (5,6). Disruption of any part of this network may lead to proteostasis collapse and proteotoxicity (Ballesteros et al, 2001; Douglas & Dillin, 2010; Dukan et al, 2000; Ling & Soll, 2010). See text for more details.

The aging mitochondria

Oxidative damaged proteins accumulate during aging in almost every model system analyzed (Stadtman, 2006). As much as one in every third protein has been calculated to be modified by oxidative carbonylation in old individuals of animals (Stadtman & Levine, 2000). Mitochondria have been given a central role in this process of protein oxidation as they are both considered a major target for, and contributor of, oxidative damage (Boveris & Chance, 1973; Guarente, 2008; Murphy, 2009). The close proximity to the electron transport chain in the mitochondrial inner membrane (MIM), the main source of ROS production, causes many mitochondrial components to be vulnerable to oxidative damage, including: mitochondrial DNA (mtDNA), proteins and lipids (Harper et al, 1998; Shigenaga et al, 1994). Under physiological conditions, 1-2% of metabolized oxygen is converted to $O_2^{\cdot-}$ and subsequently the relatively stable H_2O_2 (Boveris & Chance, 1973; Hohn et al, 2013), which can diffuse out of the mitochondria and into the cytosol and nucleus (Guarente, 2008). However, as cells age the amount of ROS produced increases. A progressive lipid peroxidative damage of the MIM due to ROS causes increased proton leakage (Hagen et al, 1997; Harper et al, 1998; Shigenaga et al, 1994), and to compensate for the loss of membrane potential, aged cells increase the rate of oxygen consumption leading to diminished coupling efficiency and a greater production of ROS (Harper et al, 1998). In addition, mtDNA-damage by ROS, as seen in aged cells, causes reduced enzymatic activity of the electron transport chain, leading to electron-stalling at complexes I (NADH dehydrogenase) and III (cytochrome b-c1 complex) which results in further ROS production (Barja, 2007; Guarente, 2008; Jang & Remmen, 2009; Lenaz et al, 2000). Moreover, dysfunctional regulation of mitochondrial dynamics, causing enlarged or fragmented mitochondria, is reported to generate more oxidative stress during aging (Seo et al, 2010; Shigenaga et al, 1994). In addition to “self-inflicted” damage, recent studies in yeast demonstrate (Hughes & Gottschling, 2012) that a loss of vacuolar acidification causes mitochondrial dysfunction and fragmentation at an early onset of age. It has also been shown that mitochondria with higher $O_2^{\cdot-}$ levels and lower redox potential are preferentially retained in the yeast mother cell during cytokinesis, leading to accumulation of dysfunctional mitochondria already early in life (McFaline-Figueroa et al, 2011). Conversely, it has been shown that counteracting mitochondrial fragmentation reduces the generation of H_2O_2 , and increases fitness and lifespan in both the filamentous fungi *P. anserina* and in *S. cerevisiae* (Scheckhuber et al, 2007).

The UPS and aging

In addition to the age-associated increase in ROS and subsequent oxidative damage, a decrease in proteasome activity and/or function with age has been reported in a variety of species, including: human muscle (Ferrington et al, 2005; Husom et al, 2004), lens (Viteri et al, 2004), lymphocytes (Carrard et al, 2003), epidermis (Bulteau et al, 2000), and fibroblasts (Sitte et al, 2000a; Sitte et al, 2000b). In addition, the heart (Bulteau et al, 2002), spinal cord (Keller et al, 2000) and brain (Zeng et al, 2005) of rats also show decreased proteasomal activity with age. There are many possible reasons for age-related proteasome dysfunction, such as altered assembly, expression, modification (Bulteau et al, 2000; Chondrogianni & Gonos, 2005; Chondrogianni et al, 2003; Ferrington et al, 2005; Keller et al, 2000; Vernace et al, 2007), or inactivation through association with protein aggregates (Bence et al, 2001; Sitte et al, 2000a). Carrard *et al.* (2003) noted that when comparing the proteasomal activity and abundance in peripheral blood lymphocytes from young and aged donors, the aged donors had a reduced proteasomal activity while the amount of assembled intracellular proteasomes remained unchanged (Carrard et al, 2003). The severity of a protein's oxidative modification/damage has also been shown to affect its susceptibility for proteasomal degradation (Jung et al, 2009). Low to moderate levels of protein oxidation gradually increases a protein's proteolytic susceptibility until it reaches a point where the oxidation level is too high, leading to a dramatic decline in proteasomal degradation and function (Jung et al, 2009). This biphasic response may contribute to the decline in proteasomal activity seen with age.

Studies on fibroblasts from healthy centenarians show that both proteasomal activity and the levels of oxidatively modified proteins were comparable to those found in young (Chondrogianni et al, 2000). In addition, the long-lived naked mole rat also exhibits elevated proteasome levels and activity (Perez et al, 2009). It has also been reported that increasing the amount of proteasomes, either by upregulating the catalytically active β -subunits of the 20S-core (Chondrogianni et al, 2005), overexpressing the 19S subunit Rpn11 (Tonoki et al, 2009), or by overexpressing the proteasomal assembly factor POMP (Ump1 in yeast) (Chen et al, 2006; Chondrogianni & Gonos, 2007), prolongs lifespan and increases degradation of oxidatively modified proteins. In *C. elegans*, ectopic expression of *rpn6* is sufficient to provide proteotoxic stress resistance and extend lifespan (Vilchez et al, 2012). Moreover, recent studies in yeast show that stabilizing the UPS transcription factor Rpn4, by deletion of the E3-ligase and Rpn4 regulator Ubr2 (Ju et al, 2004; Wang et al, 2004a), result in increased proteasomal function and lifespan extension (Kruegel et al, 2011).

These results suggest a strong connection between proteasome function and proteostasis in modulating longevity which will be addressed further in later sections.

ATP levels – an issue for the proteasome?

A major role for the mitochondria is the generation of ATP. However, during aging, as mitochondrial damage increases causing decreased mitochondrial membrane potential, ATP production is diminished (Baraibar et al, 2011; Shigenaga et al, 1994). Both assembly of, and degradation by, the 26S proteasome is ATP dependent (Liu et al, 2006) and it has been reported that at least 300 ATP molecules are hydrolyzed per protein degraded by the proteasome (Benaroudj et al, 2003). In addition, disassembly of the 19S regulatory particle and associated proteins from the 20S core also requires ATP hydrolysis (Babbitt et al, 2005). Studies in aged *Drosophila melanogaster* have shown a compromised 26S assembly which was correlated to a great reduction in ATP (Vernace et al, 2007). It has also been shown that the 26S proteasome is readily disassembled when isolated without ATP, but can be reassembled when ATP is once again present (Coux et al, 1996). Thus, maintaining sufficient cellular ATP concentrations appears to be of vital importance for 26S-mediated degradation and limitations in ATP concentrations could contribute to the age-associated decline in proteasome activity.

20S-mediated degradation of oxidized proteins

There is some controversy in the literature with respect to whether the ATP-independent 20S proteasome can act alone in protein degradation. Pacifici *et al.* (1993) proposed that it would be beneficial for cells to have an ATP-independent degradation of oxidized proteins since this would rapidly remove damaged proteins and thereby prevent their accumulation (Pacifici et al, 1993). It has been shown that purified 20S proteasomes are able to degrade partially unfolded and oxidized proteins (Davies, 2001; Ferrington et al, 2001; Pacifici et al, 1989; Rivett, 1985). Possibly, this is due to hydrophobic residues exposed during unfolding, binding directly to the α -rings, thereby opening the 20S gate and allowing translocation to the catalytic core in an ATP/ubiquitin independent manner (Coux et al, 1996; Liu et al, 2003a). Studies in mammalian cells have shown that purified 20S proteasomes selectively degrade oxidatively-damaged over native proteins, while the 26S proteasome showed no preference (Davies, 2001; Grune et al, 2003). However, other studies suggest that the 20S proteasome alone is unable to degrade denatured proteins or cleave peptide (Kisselev & Goldberg, 2005).

Nevertheless, the 20S proteasome appears to be more resistant to oxidative stress than the 26S proteasome (Reinheckel et al, 1998). Recent studies show that in both yeast and humans, the 26S proteasome disassembles into free 19S and 20S complexes in response to increasing H₂O₂ concentrations (Wang et al, 2010). In yeast this dissociation is mediated by the proteasome-interacting protein (PIP), Ecm29, which during oxidative stress, is recruited to the 19S subcomplex and promotes disassembly of the 26S proteasome (Wang et al, 2010). It has previously been shown that yeast defective in 26S assembly is more resistant to peroxide stress and have an increased ability to degrade carbonylated proteins (Inai & Nishikimi, 2002). Consistent with these findings, it was also shown that *ecm29* mutants are more sensitive to H₂O₂, adding further support for 20S core-mediated defense against oxidative stress (Wang et al, 2010) and degradation of oxidized proteins.

Aiken *et al* proposed a model for oxidative stress-dependent regulation of the 26S proteasome (Aiken et al, 2011). They suggest that the 26S proteasome can degrade mildly oxidized proteins; however, in response to persistent or acute oxidative stress, the 26S proteasome temporarily disassembles causing accumulation of ubiquitinated proteins. When the stress is removed the 26S proteasome reassembles and the degradation of ubiquitinated proteins can recommence (Aiken et al, 2011).

Protein aggregation

The importance of cellular proteostasis becomes evident in the light of protein aggregation. Aggregates are insoluble, ordered or amorphous, potentially cytotoxic structures that can disrupt membranes and inappropriately interact with cellular constituents (Hohn et al, 2013; Taylor & Dillin, 2011). Once the formation of aggregates has initiated, it is a cumulative process. The age-related increase in misfolded proteins together with diminished repair and/or removal capacity causes aggregation which, in turn, can serve as nucleation sites for more misfolded proteins (Squier, 2001).

Compelling evidence links UPS impairment to the accumulation of misfolded proteins and protein aggregates (Kaganovich et al, 2008; Lopez Salon et al, 2003; Tanaka et al, 2001). Aggregates are considered poor substrates for proteasomal degradation and due to the enormity of the deposit, it is unable to enter the 20S catalytic core (Hohn et al, 2013). It has even been suggested that aggregates could be directly inhibiting the proteasome by means of “clogging” (Bence et al, 2001), thereby adding to the diminished cellular protection, and further protein damage and aggregation (Squier, 2001). Another suggestion is that aggregates sequester components of the UPS, including ubiquitin, proteasomes and molecular chaperones, leading to depletion and

thus UPS impairment (Donaldson et al, 2003). These two models are not necessarily mutually exclusive (Bennett et al, 2005).

It has been shown that increasing the cells proteasomal capacity, through deletion of the E3-ligase (see earlier section) Ubr2, leads to improved clearance of toxic huntingtin fragments in yeast (Kruegel et al, 2011). Moreover, previous studies have shown that when inducing protein aggregation of model disease proteins/peptides such as huntingtin (Bence et al, 2001; Jana et al, 2001), α -synuclein (Outeiro & Lindquist, 2003), and amyloid- β (Shringarpure et al, 2000) UPS function is impaired. However, it has not been shown whether this is true for indigenous protein aggregates which accumulate during aging. This will be addressed further in the discussion.

Inclusion bodies (IBs) and spatial quality control (SQC)

Inclusion bodies (IBs) are large species of sequestered aggregates and associated proteins that form in an organized process that seems to be conserved from yeast to humans (Kaganovich et al, 2008; Kopito, 2000). IBs have attracted much attention in regards to whether disease-associated IBs are protective or pathogenic forms of aggregated proteins (Bennett et al, 2005). Some suggest that IBs attract components of the UPS thereby sequestering vital components of the cells protein quality control machinery which are then unavailable to perform their duties elsewhere (Waelter et al, 2001). Others claim that sequestration of aggregated proteins in larger IB has a protective role where toxic misfolded protein species and aggregates are titrated away from sensitive cellular machineries (Ciechanover & Brundin, 2003; Kopito, 2000).

Even though studies report that disease-associated aggregates and aggregation intermediates have a negative effect on UPS function and activity, this impairment predominantly occurs prior to IB formation (Bennett et al, 2005). Inclusions have furthermore been shown to facilitate clearance of misfolded proteins (Taylor et al, 2003). Several studies in primary neuron models of Huntington's disease (HD), show that cells that form IBs have increased UPS activity and experience less neuronal death than cells that do not form IBs (Arrasate et al, 2004; Mitra et al, 2009; Schipper-Krom et al, 2014). Moreover, it was shown that proteasomes associated to IBs in these cells were reversibly recruited and catalytically active (Schipper-Krom et al, 2014). These findings support the notion of IB formation as a protective cellular response.

Inclusions can, according to Kaganovich *et al.* (2008), be divided into two distinct spatial quality control (SQC) compartments depending on the sequestered proteins, ubiquitination and aggregation status. It is suggested that misfolded or aggregation-prone proteins are initially localized to a juxtannuclear compartment (JUNQ; juxtanuclear quality control) together with components of the UPS. This sequestration is believed to facilitate refolding and/or degradation of substrate proteins (Kaganovich *et al.*, 2008). As the cellular load of misfolded or damaged proteins increase past the capacity of the PQC machinery, potentially toxic species are directed to an insoluble protein deposit (IPOD) adjacent to the vacuole. The aggregates localized to the IPOD compartment are suggested to be terminally sequestered as a means to avoid association with sensitive components of the UPS. It has also been shown that the IPOD co-localizes with an autophagic marker and a pre-autophagosomal structure (Kaganovich *et al.*, 2008) and together with its close proximity to the vacuole could suggest a link between aggregated protein in the IPOD and autophagy.

An additional SQC structure, known as the aggresome, involves the retrograde transport of protein aggregates along microtubules into a large inclusion converging at the centrosome (spindle pole body in yeast) (Kopito, 2000; Wang *et al.*, 2009). Compartmentalization of aggregates into aggresomes has been shown to mitigate proteotoxicity, supporting the protective role of IB in SQC (Kopito, 2000; Wang *et al.*, 2009). However, the presence of an aggresome in yeast has been debated.

As most studies on IB are specifically related to disease-associated protein aggregation or model proteins designed to promote aggregation (Arrasate *et al.*, 2004; Bennett *et al.*, 2005; Kaganovich *et al.*, 2008; Mitra *et al.*, 2009; Wang *et al.*, 2009) it remains unclear whether IB formation acts as an initial protective response for indigenous protein aggregates during aging.

Cell polarity and aggregate inheritance

It has been suggested that cell polarity evolved very early and is a universal attribute of cellular organisms as a means to avoid clonal senescence (Macara & Mili, 2008). Polar segregation appears to be intimately linked to aging, as it aids in the rejuvenation of one sibling at the expense of the other. Even seemingly symmetrically dividing unicellular organisms, such as *E. coli*, experience polarity where aggregates preferentially accumulate in the sibling that retains the “old” pole after cell division (Lindner *et al.*, 2008; Nystrom, 2007). In yeast, these processes include (i) asymmetric inheritance of ERCs, which are thought to attach to nuclear pore complexes that are

retained in the mother due to a septin-based diffusion barrier (Shcheprova et al, 2008), (ii) retention of dysfunctional mitochondria (McFaline-Figueroa et al, 2011; Vevea et al, 2014), as well as (iii) segregation and retrograde transport of damaged and aggregated proteins (Aguilaniu et al, 2003; Erjavec et al, 2007; Liu et al, 2010).

During cytokinesis in budding yeast, oxidatively damaged and aggregated proteins are unevenly distributed between the mother and daughter cell (Aguilaniu et al, 2003; Erjavec et al, 2007). It has been shown that this asymmetric inheritance is due to a Sir2-and Hsp104-dependent selective retention of damaged and aggregated proteins in the progenitor (Erjavec et al, 2007). This segregation of damage has been proposed to ensure the fitness of the progeny (Aguilaniu et al, 2003) and restrict senescence to one lineage (Macara & Mili, 2008). In addition, mathematical modelling suggest that cells that undergo asymmetric division and/or damage segregation can endure higher degrees of damage before entering clonal senescence (Erjavec et al, 2008). Recent studies demonstrate that segregation of aggregates during cell division require, in addition to Sir2 and Hsp104, the polarisome and myosin motor machinery (Liu et al, 2010). The same study revealed that daughter cells can rid themselves from aggregates while still attached to the mother by a polarisome-mediated retrograde transport of aggregates. The polarisome is a protein complex within the polarity cap, involved in determining cell polarity through assembly of actin filaments at the bud tip (Moseley & Goode, 2006). It has been suggested that actin cables act as scaffolds for large Hsp104-associated aggregates and that these tethered aggregates could be transported away from the bud tip through a Bni1-dependent nucleation of actin at the polarisome (Liu et al, 2010). Similar to aggresome formation, aggregates that translocate from the daughter to the mother were shown to coalesce into large inclusions. However, in the case of retrograde transport of aggregates, this process is dependent on actin filaments, not microtubules (Liu et al, 2010). Another study suggests that aggregate retention in the mother cell is merely due to limited mobility of the aggregate and the narrowness of the budneck, which increases the likelihood of aggregates remaining in the mother. This study also propose that movement of aggregates is due to un-directional random walk (Zhou et al, 2011). The confining findings by Lui *et al.* (2010) and Zhou *et al.* (2011) set the basis for **paper I** and will be approached further in the discussion.

Aggregation in neurodegenerative disorders

Neurodegenerative diseases can be defined as either hereditary or sporadic, where sporadic conditions often are associated with aging and oxidative protein modifications (Ross & Poirier, 2004). A common feature of many neurodegenerative

diseases is the abnormal accumulation and aggregation of disease-specific proteins (Takalo et al, 2013). Neurons are considered particularly vulnerable to diseases related to protein misfolding (Taylor & Dillin, 2011). The human brain accounts for approximately 20% of a body's oxygen consumption while only comprising 2% of its mass (Halliwell, 2006). Meanwhile, the levels of antioxidants are fairly low leading to an increased risk for oxidative damage, and as neuronal cells are mainly post-mitotic, there is no way of titrating out potentially harmful aggregates (Halliwell, 2006). Protein aggregation is thus a hallmark of many age-associated diseases, including Alzheimer's disease (AD), Parkinson's disease (PD) and Huntington's disease (HD) (Ross & Poirier, 2004). It is, however, debated whether the accumulation of aggregates is a primary cause or a secondary consequence of the disease itself (Ciechanover & Brundin, 2003), though there is evidence conveying amyloid- β and polyglutamine aggregation as the cause of the neurotoxicity associated with AD and HD, respectively (Balch et al, 2008; Golde et al, 2006).

Moreover, aberrations of the UPS and lysosome-function/autophagy have been implicated in the pathogenesis of a range of neurodegenerative disorders (Ciechanover & Brundin, 2003). For instance, it has been reported that mutations in *parkin*, a gene coding for an E3 ubiquitin ligase involved in promoting UPS-mediated protein degradation, is the cause of almost half of early onset autosomal recessive forms of PD (Ciechanover & Brundin, 2003; Cuervo et al, 2010; Rana et al, 2013). Conversely, it was recently shown that overexpression of *parkin* leads to reduced aggregate formation and extended lifespan in flies (Rana et al, 2013).

Genetic dosage alterations could also increase the likelihood of aggregation (Ross & Poirier, 2004). For example, familial PD can be caused by a triplication at the α -synuclein locus (Singleton et al, 2003). Moreover, individuals with Down's syndrome experience early onset of amyloid- β plaques and AD-symptoms due to an extra copy of the *APP* locus on chromosome 21 (Zigman & Lott, 2007).

There are several hypothesis as to how protein misfolding and aggregation are associated with neurodegeneration and apoptosis (Soto, 2003). These include: aggregate-activation of an apoptotic signaling pathway (NF- κ B), recruitment of essential cellular factors (e.g. UPS components; see earlier sections), aggregate-mediated membrane disruption and depolarization, and the induction of oxidative stress (Soto, 2003).

Since proteotoxicity plays such a pivotal role in both aging and many age-associated diseases, why are the components involved in maintaining protein homeostasis not

constitutively expressed at high levels? In fact, therapeutical proteostasis regulators that restore protein homeostasis have been used in clinical trials (Balch et al, 2008). In *C. elegans*-models of AD and HD, RNA interference (RNAi)-based proteostasis regulators that increase chaperone levels and disaggregase activity have been successful in delaying the onset of the gain-of-toxicity phenotype (Balch et al, 2008; Cohen et al, 2006). On the other hand, increasing chaperones and UPS components has been associated with tumorigenesis, which shows an inverse correlation to neurodegenerative diseases (Driver et al, 2012; Taylor & Dillin, 2011). In addition, UPS activity appears to be inversely correlated to fecundity, where studies in *D. melanogaster* show that mating results in an immediate diminished UPS activity and accelerated aging (Fredriksson et al, 2012). Thus, constitutively expressing proteostasis components would not be beneficial in an evolutionary standpoint as there appears to be a trade-off in resource allocation between somatic maintenance by the UPS and reproduction, in agreement with Kirkwood's "disposable soma theory of aging" (Kirkwood, 1977).

Results and discussion

Paper I

Movement of aggregates is retrograde-biased

Previous studies by Liu *et al* (2010) reveal that in addition to the actin- and Hsp104-dependent active retention of protein aggregates in the mother cell, daughter cells can also rid themselves from aggregates that have “leaked” into the bud, through a polarisome-mediated retrograde transport (Liu et al, 2010). However, a study by Zhou *et al* (2011) claims that the movement of aggregates is characterized by unidirectional random walk. In **paper I** we further establish the existence of a retrograde transport by analyzing the movement of aggregates during 393 budding events. We found that 15.5% of budding events showed cross-compartment movement, and among these, 65.5% of were retrograde movement, while anterograde- and bidirectional movement was significantly less frequent (25.4% and 8.1% respectively). Moreover, using a mutant Hsp104^{Y662A}-mCherry variant, defective in disaggregation, we saw that aggregates co-localize with Abp140-3GFP, which is known to bind actin cables. Abp140 has previously been used to visualize retrograde movement of actin cables (Yang & Pon, 2002). As the actin cytoskeleton does not diffuse freely, it is unlikely that aggregates associated with the actin cytoskeleton would do so. The association of Hsp104-containing aggregates with the actin cytoskeleton supports the notion of both actin-dependent retention and directional movement of aggregates.

The polarisome is required for the active retention of Htt103Q aggregates during cytokinesis.

To further investigate the involvement of the polarisome in the segregation of aggregates during cytokinesis, we used the model disease protein Htt103Q-GFP as an aggregate reporter. Htt103Q is prone to aggregation without the disadvantages, such as a collapse in the actin cable network, accompanying heat-induced aggregation. Htt103Q-GFP aggregation was initially triggered in wt and *bni1Δ* cells after which cells were stained with concanavalin-A (con-A). The expression of Htt103Q-GFP was subsequently turned off, and cells were allowed to grow only enough to initiate the budding process. Aggregates were then monitored in Con-A stained mother cells, and

unstained daughter cells. We found that Htt103Q aggregates were retained in the mother in a factor-dependent manner and that this segregation of damage was greatly diminished in cells lacking Bni1. These data reveal that the polarisome is required for the segregation of both aggregation-prone disease proteins and heat-induced Hsp104-containing aggregates (Liu et al, 2010).

Main findings presented in paper I:

- **Hsp104-containing aggregates co-localize to the actin cytoskeleton.**
 - **Daughter cells have the ability to rid themselves of aggregates by retrograde transport during cytokinesis.**
 - **Htt103Q-GFP aggregates are retained in the mother during cytokinesis in a polarisome dependent manner.**
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Paper II

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Main findings presented in paper II:

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Paper III

Aged cells exhibit an impairment of the proteasome.

The aim of this paper was to elucidate whether the accumulation of aggregated proteins that occur during aging could be directly linked to diminished function of the UPS in *S. cerevisiae*. By using a cytosolic UPS substrate, Δ ssCPY*-GFP, the *in vivo* proteasome function could be monitored. Δ ssCPY* is a mutated and misfolded endoplasmic reticulum (ER)-import-defective derivative of the carboxypeptidase Y (CPY, YscY) which is rapidly degraded by the UPS (Park et al, 2007). From a growing population of *S. cerevisiae*, cells at an average age of 13-15 generations were isolated and sorted with biotin and streptavidin-conjugated magnetic beads (Smeal et al, 1996). The dramatic increase in Δ ssCPY*-GFP foci seen in the aged population indicate that the UPS-mediated PQC is diminished in these cells. The accumulation of aggregates is not just specific for the UPS substrate as visualized by using Hsp104-GFP, a reporter for indigenous protein aggregates.

Lowering UPS activity is sufficient to induce aggregate formation in young cells.

Lowering UPS activity, either through the addition of the potent proteasomal inhibitor MG132 or by using a UPS temperature sensitive (ts) strain (*rpt4-145*; 19S subunit), is sufficient to induce massive Hsp104-GFP foci formation in a growing population of predominantly young cells. These data demonstrate the necessity for an unperturbed proteasome activity in the prevention of protein aggregates in young cells. In order to study the requirement for a fully functional UPS in the clearance of aggregates once formed, we induced aggregate formation to the same extent in both wt and *rpt4-145* cells and monitored aggregate clearance over time. Although the initial amount of foci were the same in the two strains, the UPS-defective strain failed to resolve the heat-induced aggregates. Hence, the data demonstrate that an intact UPS is imperative to the prevention and clearance of protein aggregates even in young cells.

Increasing proteasome function mitigates aggregate formation.

To further investigate the correlation between aggregate formation and UPS function, we tested if increasing proteasome activity would alleviate the formation of

Hsp104-GFP foci. It has previously been shown that deleting the E3 ubiquitin ligase *UBR2* leads to increased proteasome capacity through stabilization of the proteasome subunit transcription factor Rpn4 (Kruegel et al, 2011). We therefore used a *ubr2Δ* strain to increase UPS activity and subsequently studied foci formation, in young cells after peroxide (H₂O₂) stress and in unstressed aged cells. We once again confirmed the requirement for the UPS in the prevention of aggregates since boosting proteasome production mitigates aggregate formation in both cases. In addition, the amount of large inclusions was markedly reduced in aged cells devoid of Ubr2.

The data suggest that the UPS may be limiting for proper PQC in aged cells, perhaps due to an overload of misfolded and damaged proteins overwhelming the proteasomal system leading to aggregate formation and accumulation.

The diminished proteasome function of aged cells can be restored by elevating protein disaggregation.

To test whether proteasomal activity is diminished in aged cells, we used a ubiquitinated β-galactosidase (ub-Pro-βgal) fusion protein which functions as an inducible *in vivo* 26S proteasome substrate (Bachmair et al, 1986). Young and aged (13-15 generations) cells expressing ub-Pro-βgal were isolated and, the degradation of β-gal was monitored over time. The data demonstrate that while ub-Pro-βgal was efficiently degraded in young cells, the substrate was stable in aged cells. Moreover, the inability of aged cells to degrade ub-Pro-βgal was not due to less proteasomes or a diminished degradation capacity shown from western/native-gel analysis and *in vitro* proteasome activity assay. These data indicate that although the proteasomes of aged cells appear to have the potential to function properly, they cannot do so *in vivo*.

Previous studies have shown a link between diminished UPS function and the accumulation of protein aggregates using model disease proteins and peptides (Bence et al, 2001; Jana et al, 2001; Outeiro & Lindquist, 2003; Shringarpure et al, 2000). It has thus been suggested that these aggregates may interfere with proper UPS function through direct interactions (Bence et al, 2001). However, this has never been evidently shown.

If protein aggregates are “clogging” the proteasome, making it unavailable to perform its PQC functions, or if components of the UPS are being sequestered in aggregates, then perhaps reducing the aggregation load in the cell could reverse this impediment. We were, therefore, curious as to whether increasing disaggregation

could rescue UPS function. We constitutively overproduced Hsp104 to levels three times higher than wt by introducing a genomic *HSP104* controlled by the strong *GPD* promoter. The accumulation of both indigenous protein aggregates and Δ ssCPY*-GFP foci was markedly reduced in aged cells when overproducing Hsp104. Remarkably, we also demonstrate that overproduction of Hsp104 greatly restored the diminished *in vivo* proteasome function in aged cells, seen by an increased degradation of the UPS substrate ub-Pro- β gal and this was not due to an increase in the levels of proteasomal subunits or *in vitro* proteasome capacity.

Enhancing disaggregation does not prolong lifespan in yeast.

Recent studies have shown that overproducing proteasomes leads to lifespan extension in *S. cerevisiae* (Kruegel et al, 2011). Hence, we wanted to know if the restored UPS function seen by enhancing protein disaggregation would result in a similar phenotype. Interestingly, overproduction of Hsp104 did not lead to a significant increase in lifespan. The reason for the lack of effect on longevity could be that the proteasome activity is merely partially restored to that of young cells when overproducing Hsp104 and not elevated to the same extent as in the Ubr2 deficient cells. When overproducing Hsp104, there is no significant increase in proteasomal capacity in either young or aged cells. On the other hand, cells devoid of Ubr2 exhibit both an enhanced *in vitro* proteasome capacity (Kruegel et al, 2011) and *in vivo* activity as seen by an unmeasurably rapid degradation of ub-Pro- β gal in both young and aged cells (**paper III**).

Moreover, while enhancing protein disaggregation reduces the amount of aggregates seen both in young (stressed) and aged cells and rescues UPS degradation in aged cells to levels close to that of young cells, the means as to how this phenotype is achieved is different from that of deleting *UBR2*. Hsp104 is a disaggregating enzyme, which, unlike many other chaperones, does not prevent the accumulation of damaged and aggregated proteins (Glover & Lindquist, 1998). Enhancing proteasome production, on the other hand, will most likely eliminate damaged or misfolded proteins before aggregation. In a similar way, the effect on aggregation was different when young cells were stressed by H₂O₂ or heat. The aggregate-ameliorating effect seen by increasing proteasome activity (*ubr2* Δ) was more pronounced during peroxide stress when damage occurs at a more gradual rate than during heat stress whereupon aggregation is immediate. Contrariwise, overproduction of Hsp104 had a greater effect on heat-induced aggregation than during peroxide stress (data not shown). Therefore it appears that in order to prolong lifespan, it may be of greater advantage for the cell to prevent the formation of aggregates by increasing

proteasome activity and thus removing potential aggregate-precursors than to rid themselves of aggregates once formed.

Accumulation of aggregated proteins during aging might result in a negative proteostasis feedback loop.

Considering the data reported in **Paper III** we propose a model as to how aggregated proteins could interfere with the proper UPS function and thus spiral to proteostasis collapse (Fig. 8). When the load of damaged proteins is low, i.e. in young cells, the UPS aids in maintaining proteostasis by degrading native proteins that are no longer required (e.g. cell cycle regulators, transcription factors etc; see introduction for details) together with misfolded and otherwise damaged proteins. However, as cells age the load of misfolded and/or damaged proteins increase, exceeding the proteasomal degradation capacity of the cell.

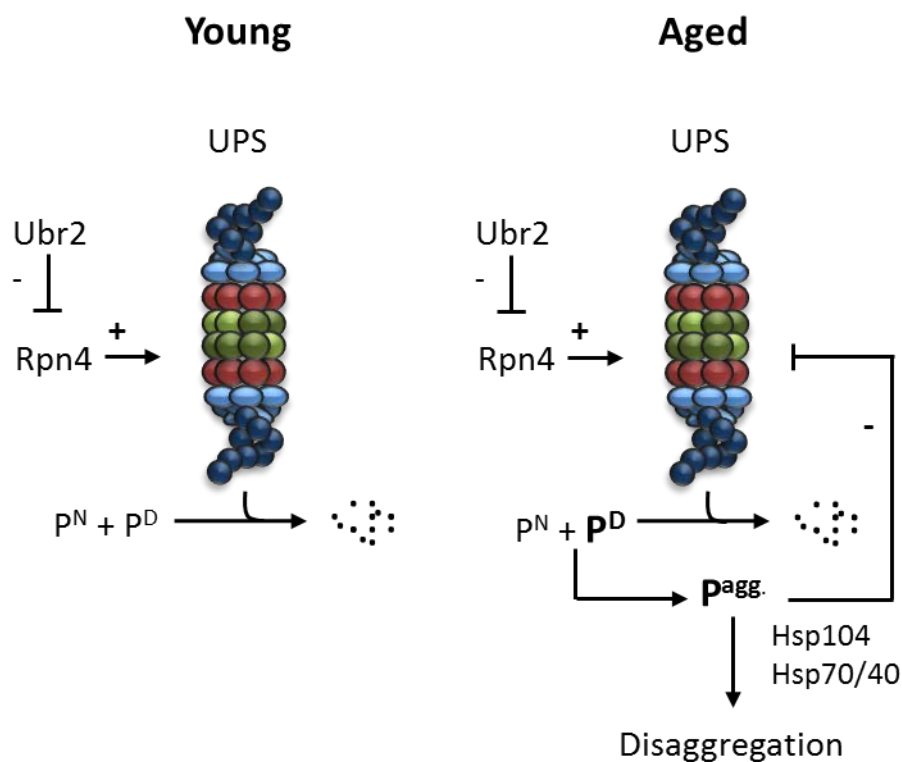


Figure 8. Model depicting how aggregates can cause a negative proteostasis feedback loop. As cells age there is an increasing abundance of misfolded and/or damaged proteins. If the load exceeds the proteasomal and/or chaperone capacity of the cell protein aggregates tend to form which subsequently may interfere with proper UPS function resulting in a negative feedback loop. We demonstrate two ways by which age-associated accrual of aggregated proteins can be counteracted, either by increasing proteasome abundance through the deletion of *UBR2* or by enhancing protein disaggregation through overproduction of Hsp104. [P^N= native protein; P^D= damaged protein; P^{agg}= aggregated protein]

The presence of these damaged proteins increase the tendency for potentially cytotoxic protein-protein interactions and aggregation (Davies, 2001). The disaggregase Hsp104 can together with the Hsp70/40 chaperoning system resolve these aggregates for refolding or degradation (Glover & Lindquist, 1998). Nevertheless, as the accumulation of protein aggregates grows too severe, surpassing the cells disaggregating capacity, these aggregates may interfere with proper UPS function creating a negative feedback loop (Fig. 8). In **paper III** we demonstrate two ways to counteract the age-associated accumulation of aggregated proteins; (i) by increasing the levels of active proteasomes, and (ii) by enhancing protein disaggregation.

What the data does not entail is whether aggregates are physically “clogging” and thereby directly inhibiting the proteasomes in aged cells or if active proteasomes and/or other UPS components are sequestered at sites of aggregation. In both cases, disaggregation would free constituents that have been obstructed and/or incapacitated but not irrevocably impaired. Much like recent studies using HD-associated protein aggregates, which reveal that proteasomes that are localized to polyglutamine initiated IB are still active and are merely reversibly recruited and not permanently sequestered (Schipper-Krom et al, 2014). In a similar way we show that in aged cells, the UPS is not irreparably damaged only hindered by protein aggregates.

Main findings presented in paper III:

- **There is an inverse correlation between UPS function and aggregate formation.**
- **The UPS of aged cells are incapacitated by aggregates.**
- **Disaggregation restores the diminished UPS function of aged cells.**

Concluding Remarks

Yeast cytokinesis encompasses a polarity-driven mechanism to ensure lineage-specific rejuvenation. The polarity machinery prevents aging factors, such as ERCs, dysfunctional mitochondria, damaged and aggregated proteins from passing over to the progenitor during cytokinesis and provides the ability of daughter cells to rid themselves from damage (Aguilaniu et al, 2003; Erjavec et al, 2007; Macara & Mili, 2008; McFaline-Figueroa et al, 2011). We show in **paper I** that Hsp104-containing aggregates associate with the actin cytoskeleton, and are thus prevented from entering the budding daughter cell. In addition, aggregates may display retrograde movement with actin cables towards the mother thus generating a cellular “junk yard”. We also show that the formation of IPOD/JUNQ inclusion bodies (Spokoini et al, 2012) is not a prerequisite for the asymmetric inheritance of misfolded proteins since the Huntingtin 103Q protein that forms multiple small aggregates rather than IPOD/JUNQ inclusions is retained in the mother cell during cytokinesis in a polarisome-dependent manner. The end result of this mother cell-biased segregation is that protein aggregates, by necessity, accumulate in mother cells during repeated cell divisions.

But why do aggregates form in aging cells in the first place? In **paper II** we demonstrate

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The age-associated increase in oxidative stress and subsequent protein oxidation, misfolding, and aggregation together with the active retention of oxidized (carbonylated) proteins and aggregates (**paper I**) might overwhelm the PQC-machinery in mother cells, *- text removed from public version-* (**paper II**) and the UPS (**paper III**).

In **paper III** we show that the UPS is inhibited by protein aggregates formed upon aging leading to a negative proteostasis feedback loop. The inhibitory effect of aggregates can be mitigated by overproducing the disaggregase Hsp104. The fact that overproducing the disaggregase Hsp104 can partially restore the *in vivo* proteasome activity of aged cells, but is not sufficient to prolong lifespan suggests that

aggregation may be consequence, not a cause of aging. Several studies report that the sequestration of aggregate intermediates and misfolded proteins into IB act to protect the cells from toxic agents interfering with cellular functions (Ciechanover & Brundin, 2003; Kopito, 2000). Thus, aggregate-precursors may be the initial culprits in age-associated proteostasis decline. Disaggregation by Hsp104 may lead to the release of these cytotoxic protein-species thereby masking the beneficial effects of restoring proteasome function in aged cells (**paper III**) and leading to a “status quo” with regards to lifespan extension.

Consequently, it may be more beneficial for the cell to prevent aggregates from forming than eliminating the ones already formed. Increasing proteasome activity through the deletion of *UBR2* appears to reduce the formation of aggregates while overproducing Hsp104 increases their removal (**paper III**). In contrast Hsp104-overproducing cells, cells devoid of Ubr2 have an extended replicative lifespan (Kruegel et al, 2011).

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Decreasing the amount of damaging agents and/or increasing the removal of aggregate-precursors may therefore lead to enhanced cellular fitness and postpone the effects of aging.

On another note, the lack of effect on longevity when overproducing Hsp104 could be due to the existence of differentially toxic aggregates.

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Although approached separately, it is important to note that the above-mentioned arguments are not necessarily mutually exclusive.

The combined studies of **paper I, II and III** presented in thesis highlight the importance of proper PQC in aggregate prevention and management establishing a link between protein aggregation and aging in *S. cerevisiae*. Moreover, it raises the question of whether - *text removed from public version*- the UPS and the disaggregation machinery, as part of the proteostasis network, can be targeted in therapeutic gerontology to delay the onset of neurodegeneration.

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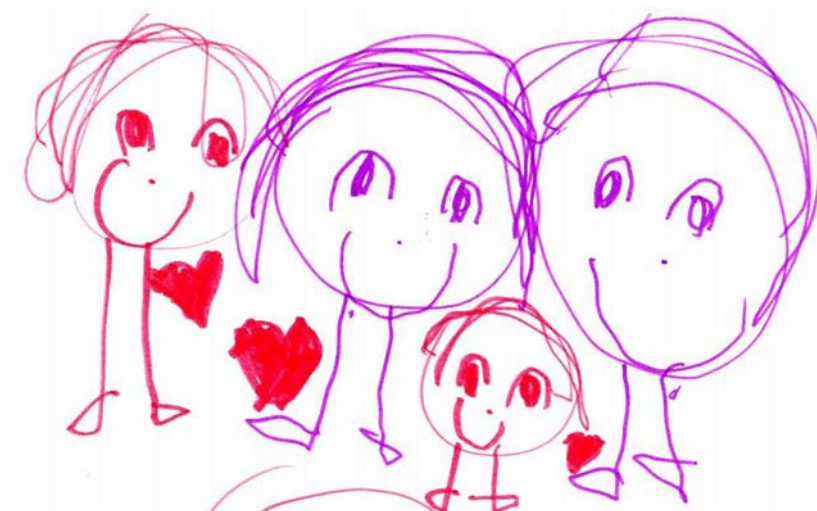
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I Love U



Elle 4 år

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