During their participating, in the artistic method developing and inter/trans-disciplinary project *Nordic Recreation Method*, the choreographer Maija Hirvanen and artist Fredric Gunve kept an ongoing communication on messenger with each other.

By not deciding on a clear direction for the initially seemingly unfocused communication the process were allowed to take different shapes and forms and kept as long as possible in process.
An absence of meetings between the two and absence of obvious connections between the artist/choreograph, of directions, aims and almost of intentions. But by using the absence as a presence a third entity between the two emerged; a GHOST got called forth in the Messenger messages that were sent between Maija and Fredric.
Ghost is my host. I'll start responding differently now, know in that all is material smile emoticon. I mean, I'll start performing.

Instead of being-becoming.

4/15, 8:54pm

I like the performative part, aspect, no, I mean the paying attention to the limitations of words.... Endless wording.... My neck in an uncomfortable position to be able to look down into the screen while my phone being charged... Short cord, fingers pressing touchscreen.... Hm.... Yes. performing must start. I think I grasp what you say... What must be acted out. The ghost have now become. Became....

4/15, 8:55pm

Would be nice to make some costumes.

For the ghost

️ costume for the ghost. I love it.

4/15, 8:57pm

I'm all about making these days. Or are these days all about making I

4/15, 8:58pm

All the forms we do should be made take part. Allowed into this question we been asked. Maybe next step in the method search is to give the method a physical presence.

Its time for action.

And speeches

And maybe dances
“I think this unknown ghost approach brings a great level to consider/embody. Not taking "method" as too pedantic area. Self-evident but just saying aloud.”

During the months of communication through messenger, material and physical objects started to slip into the processes. From both side of the GHOST an interest of costumes, and stage appearances made its presence. Fragments of different sorts took place and part of the final presentation of the ongoing search within an artistic method.

T-shirts were made, bath towels where used, print-outs where printed and ideas presented in an on-linear style.
http://atalante.org/nordic-recreation-method/
http://www.golddiggerproductions.se/project/nordic-recreation-method/

Fredric Gunve - Maija Hirvanen

Sarah Schmidt & Cecilia Suhaid Gustafsson www.golddiggerproductions.se