Yggdrasil - Stone & Water (Grót & Vatn), CD release
Concept by Richard Nunns and Kristian Blak

1. OCEAN 5:08
2. BERG 5:14
3. MEETING I 4:13
4. CAVE 4:50
5. KLÆMINT 6:33
6. MEETING II 5:08
7. WATER & STONE 5:23
8. WATERFALL 4:20
9. WINDFALL 4:43

Grót & Vatn (Stone & Water) was developed from an idea shared by composers Richard Nunns and Kristian Blak. The Faroe Islands and New Zealand, Richard's homeland, are poles apart and very different. However, there are important common grounds within the natural environment. Both countries present many forms of stone or rock throughout their lands. Likewise with water, which equally interacts with stone. From this concept the piece was formed and realized by the musicians of Yggdrasil in concert during the festival Summartónar in the Faroe Islands. With starting point in minimalistic video projections and instrumentation settings the music was created through improvisation.

Kristian Blak: piano, stones
Anders Hagberg: flute, saxophone, percussion
Richard Nunns: Taonga Puoro, traditional Maori instruments
Heðin Ziska Davidsen: electronics, guitar
Mikael Blak: bass

Recorded in concert June 11th 2011 by Kringvarp Føroya at The Nordic House, Tórshavn, Faroe Islands
Sound Engineer: Finnur Hansen

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DVD edited by Thomas Koba

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YGGDRASIL, is the World Tree in Norse mythology. The branches of the mighty ash reach up above the heavens, and its three roots pass into the realms of the Æsir and of the frost giants and descend deep into the underworld. At the very top of Yggdrasil sits the wise eagle, keeping watch. The three Norns water and nurture the tree each day, while the great serpent Niðhøgg, together with a host of lesser snakes, gnaws at its root. Thus the tree is in a state of cosmic equilibrium, constantly threatened and devoured as it grows and flourishes.